

Savitribai Phule Pune University

सावित्रीबाई फुले पुणे विद्यापीठ



SAVITRIBAI PHULE PUNEUNIVERSITY
RECOGNISED AND APPROVED

M. Phil.
Psychiatric Social Work
MASTER OF PHILOSOPHY
IN
PSYCHIATRIC SOCIAL WORK PROGRAMME
(Part - I and Part - II)

GUIDELINES AND SYLLABUS

General, Traditional, Continuous Assessment Pattern Education System

(Regulations, Scheme of Examination and Course Content)

(w.e.f. Academic Year 2020)

As per UGC, SPPU Manuals & Guidelines

**M. Phil in PSW Programme of Savitribai Phule Pune University offered by Post-Graduate Department, Affiliated & Recognized Centers, Institutes and Colleges
Continuous Assessment Pattern Education System (Regulations, Scheme of Examination and Course Content) w.e.f. Academic Year – 2020**

1. Introduction: The degree of Master of Philosophy in Psychiatric Social Work is a Professional Post-Graduate degree in Psychiatric Social Work. It is a Minimum, standard and recognized educational qualification for appointment of Social Service Superintendents (Psychiatric) , Psychiatric Social Worker (PSW) or Clinical Social Worker in various Governmental, and Non-Governmental Mental Health Institutes/ Projects/ Rehabilitation Centres and various kinds of Teaching/ Research and Mental Health Centres in the field of Social Work and Mental Health. Students who have completed their Post Graduation in Social Work can get admissions for the said course and create career opportunities to hold good Mental Health professional Positions in National, International Social Work and Mental Health Organizations or they can work with Research and Training Organizations, Rehabilitation Centres, Schools of Social Works or in Universities as Researchers, Rehabilitation Expert or Social Work and Mental Health Educators. The Mental Health Care Act 2017 clearly states the role, responsibility and recognition of Psychiatric Social Workers in the field of Mental Health.

2. M. Phil -Master of Philosophy in Psychiatric Social Work - Course Curriculum Pattern: General course pattern to be implemented w. e. f.-June-July 2020 (We may think of Semester, Credit and Choice based patterns from next academic year)

3. Eligibility: Savitribai Phule Pune University (SPPU) rules are applicable. Students who have completed their Post Graduation in Social Work (MSW) or M A in Social Work or appeared for the final year Post graduate MA in Social Work/ MSW Examinations from any UGC recognized University are eligible to apply for the M. Phil -Master of Philosophy in Psychiatric Social Work degree programme.

4. Medium of Instruction: The medium of Instruction shall be English. However, Savitribai Phule Pune University permits students to write examination answer books in Marathi or Hindi.

5. Mode of Selections of Students for course: The selection of the candidates is based on performance in the Common Entrance Test / Written Examination Test & Personal Interview.

6. Intake-Number of Seats: Eight (8) candidates per year.(Number may be increased or decreased)

7. Duration of the M. Phil in PSW Programme: Two Years (2)

8. Attendance and Course Contents: Minimum 80% attendance is mandatory to complete the course. Attending Class Room lectures, tutorials, Practical institutional work, Institutional Seminars, Fieldwork, and Case Conference etc. are the mandatory activities for MPhil (PSW) course completion.

Total Parts of the Course – It will be a Part I and Part II year based course, so there will not be a Semesters system for this Course. The semester system may be followed from next academic year onwards

M. Phil in PSW Core Course Structure:

Sr. No.	Courses	Type of Courses	Number of courses
1	Foundation, Core Domain and Method Courses	Generic – compulsory	1
2	Core Domain Courses	Generic – compulsory	2 (1 st Year)
3	Core Domain Courses	Generic – compulsory	3 (2 nd year)
4	Core Domain courses	Generic – compulsory +2 (Practice & Viva Voce based) 1 st year	
5	Core Domain courses	Generic – compulsory +2 (Practice & Viva Voce based) 2 nd year	
		Total Courses	10

M. Phil in PSW Course Structure & Outline

Sr. No.	Theory/ Field Work Research	Marks
1	Six (6) Theory papers of 100 Marks each (Total 600 Marks)	600
2	Field Practicum (Continuous Concurrent Clinical Field Work) (100 Marks) (Daily field work including OPD and IPD activities of Ward/ Hospital)	100
3	Dissertation (Research Project) to be submitted in 2 nd year before final exams	100
4	Viva- voce based on the theory papers and case reports (1 st year)	100
5	Viva- voce based on the theory papers and case Presentation (2 nd year)	100
	Total Marks	1000

M. Phil PSW Course Framework

Part –I

Sr. No.	Theory Papers	Exam Duration	Max. Marks (Final Assessment)		Total Marks
			Written /Exams Marks (Out of 80)	Internal Assessment (Out of 20)	
Group –A					
1	Paper I : Psychiatric Social Work	3 Hours	80	20	100
2	Paper II : Psychosocial Perspectives on Mental Health	3 Hours	80	20	100
3	Paper III: Psychiatric Social Work Research & Statistics	3 Hours	80	20	100
Group –B					
4	Case Reports – Detailed Case Work up with histories, Assessment and Intervention Plan of respective cases(10 Reports- Mandatory)		80	20	100
5	Viva- voce based on the theory papers and case reports		80	20	100
Total Marks					500

Part –II

Sr. No.	Theory Papers	Exam Duration	Max. Marks (Final Assessment)		Total Marks
			Written /Exams Marks (Out of 80)	Internal Assessment (Out of 20)	
Group –A					
1	Paper I : Social Issues & Mental health	3 Hours	80	20	100
2	Paper II : Psychiatric Social Work Intervention	3 Hours	80	20	100
3	Paper III: Psychiatry Including Common Neurological Problems	3 Hours	80	20	100
Group –B					
4	Dissertation (Research Project)		80	20	100
5	Viva- voce based on the theory papers and case reports		80	20	100
Total Marks					500

9. Field Practicum (Field Work):

Students pursuing the M. Phil Psychiatric Social Work (PSW) course will be placed in the various general and specialized wards of hospitals for the practical field exposure. Students will learn and understand the practical Psychiatric Social Work and Mental Health field related aspects with the

help of their continuous field work placements in various hospital wards like Child and Adolescent Psychiatry Ward, De addiction Ward, Rehabilitation Ward, Family Assessment Unit, Adult Psychiatry Ward (Male and Female Sections), Occupational Therapy Unit and will be trained professionally with specialized field inputs.

A weekly Case conference/ Case Presentation of cases observed / assessed and allotted by the ward in charge/ Field Work Supervisors/ Conference Chairpersons / Dept of PSW is one of the special activity should be carried out by the students. Students are allotted with around five cases (number may vary) cases in a year for the case conferences. Students have to present one or two seminar/s on the basis of their theoretical subjects in the Institutional Seminar activity. Records of the Monthly clinical Field work activities, Case Conferences, Seminars and other all field work activities should be maintained by the students and must be submitted in the department of PSW for the required assessments.

A student who failed to submit the mandatory field work reports/ Case work reports will be considered as failed in the respective academic year and has to submit the due reports/ records to become pass

Revaluation: In any case, there is no provision of revaluation or moderation of field work/ Dissertation or research project or internal assessment marks.

9.1 Field Work Modules:

Sr. No.	Field Work Areas/ Practical Clinical Work	No of Reports to be Submitted	
		MPhil –Part - I	MPhil –Part - II
1	Case Work Up / Case Histories in detail / Practical clinical Case Records/ Reports	15 (10 Reports are Mandatory)	30
2	Clinical Interviews	15	30
3	Detailed Individual, Family, Group and Social Network Assessment	15	30
4	<p>Psychiatric Social Work Intervention</p> <p>a) Individual & Group Level Interventions: 200 hours</p> <p>b) Family Level Interventions: 200 hours</p> <p>c) Recording/Documentation/ Reports of the Clinical Works/ Case Work Up/ Case Histories/ Other Sessions:</p> <p>Standard Logbook for the clinical field work including various Assessments and Interventions (Therapies/Other clinical sessions) carried out by the student under the guidance and supervision of the respective Faculty supervisors/Staffs of the ward or Hospital /Staffs of Department of Psychiatric Social Work (PSW) during each ward posting in the respective year of clinical supervised training</p>		

Marks: Total 100 marks for the 1st year Case Work Reports as a part of clinical Field work

9.2 In Field Work, it is mandatory on the part of faculty/ professional supervisors appointed or deputed by the institute, to follow all Government, University and institute's service rules, norms of regular monitoring, supervision, supervisory visits, attendance or attending duty at work place. The institute, centers are expected to work out monitoring mechanisms.(Subject to availability of the trained and qualified faculties / professionals in this field)

9.3 Viva Voce Examination:

There shall be a Viva-Voce Examination at the end of every year (Part- 1 and Part -2 or 1st and 2nd year) based on theory paper knowledge, Case Work or Case Study Reports, Clinical Interviews, Case Presentations, Dissertation or Research Project and all other practical , clinical field work practicum. (Case Work or Case History Reports as a part of Field work and other clinical aspects should be done with out of 100 marks in the 1st year and Dissertation / Research Project work will be assessed for 100 Marks at the end of 2nd year MPhil PSW).

9.4 Field Work and Other Reports / Documents Submissions:

- a) Total 90 submissions in both 1st and 2nd year are mandatory to complete the M. Phil in PSW course. It includes 30 Case Histories, 30 Clinical Interviews and 30 Individual, Family, group & Social Network Assessments.
- b) Students Must have to submit the 10 CASE REPORTS Two Months prior to 1st year /Part- I Examination, Students appearing for Part-I Examination should submit the 3 hard bound Copies of their completed 10 case reports to the Faculty Supervisor/ Department of PSW at least Two-Months before the 1st year / Part-I Examinations, failing of which, students shall not be allowed to appear for the 1st year / Part-I Examination.
- c) Students must have to submit the 90 Submissions at the End of 2nd year / Part-II Examinations. Students appearing for Part-II Examination should submit the 3 hard bound Copies of their completed 10 case reports to the Faculty Supervisor/ Department of PSW at least Two-Months before the 1st year / Part-II Examinations, failing of which, candidates shall not be allowed to appear for the 2nd year /Part-II Examinations.
- d) The Submitted case Reports will be evaluated by the External Examiners / members of the Board of 1st year /Part-I Examination with the addition of Internal Reports Assessment Marks
- e) DISSERTATION will be evaluated by the External Examiners / members of the Board of 2nd year / Part-II Examination with the addition of Internal Dissertation Assessment Marks.

10. Research Dissertation (100 marks)

- a) If opted, M. Phil in PSW student is required to select an appropriate topic for his/her research dissertation/
- b) Completion and submission of the Research Dissertation is a pre-condition for appearing at 2nd year / Part –II Examination. In any case no extension will be permissible for submission.

- c) The Student/ candidate must bring and submit three (3) hard bound copies of the completed dissertation in internal as well as external Dissertation viva voce examination which will be conducted at the end of 2nd year / Part –II Examination.
- d) There shall be only one Dissertation of 100 marks at M. Phil in PSW 2nd year / Part II and it shall be submitted to the Savitribai Phule Pune University through the Head of the PSW Department/Head of the Institute, recommended for submissions after Certification and approval of the concerned Dissertation Guide/ faculty supervisor.
- e) The research dissertation will be assessed and recommended for the final submission by the Faculty Guide/ internal and external examiner/ HOD Dept of PSW/ Head of the Institute. Combined passing internal, external and viva Voce examination in Dissertation shall be (50%) out of total marks.

Sr.No	Assessment Criteria of the Dissertation	Marks
1	Dissertation Guide / HOD of PSW	20
2	Assessment of Dissertation by External Research Examiner	80
3	Viva voce by External Research Examiner on Dissertation	
Total		100
Aggregate/ combined Passing Marks (50%)		50

- f) A candidate failing in research dissertation will have to re-write and resubmit the revised dissertation/ with reconciliation of areas/issues highlighted in the Part-II Examination & to take up the Viva-Voce Examination on the dissertation.

11. Prescribed standard for Research Dissertation:

- a) The topic of Research Dissertation must be related to the area of Psychiatric Social Work / Mental Health. Ethical norms and concerns in research, plagiarism policy of the institute and University, must be adopted.
- b) In case of dissertation, Quantitative and qualitative research is permissible. The candidate must justify the design and follow the scientific process and methods of Social Research, Social Work Research/ Psychiatric Social Work Research.
- c) The Research Dissertation Topic and Research Methodology must be approved by the Research Ethical Committee/ Guide / Dept of PSW through the departmental presentation/s

12. Heads of passing, Standard of passing:

A) The following shall be the Independent Heads of Passing:

1. Written Theory Papers
2. Field Work
3. Research Dissertation
4. Viva - Voce

B) Standard of passing Marks: Percentage

Sr.No.	Standard of Passing Marks	Percentage
1	Written Theory Papers	50 % marks (i.e. 40 out of 80) in the combined examination of Continuous assessment (CA) and End of the year / Part Examination with a minimum passing of 50 % (i.e. 40 out of 80) in CA separately.
2	Field Work (1 st Year/ Part I)	50% Marks
3	Viva - Voce (Part- I/ 1 st and 2 nd Year/ Part II)	50% Marks
4	Research Dissertation (2 nd Year Part II)	50Marks (Combined- Internal, External and Viva)

13. Examination Rules (As per UOP Manual and Rules -125)

- a) University Examination of M. Phil in PSW course shall be conducted by the center/s as per University Ordinance/ Rules- 125/ or applicable/ revised from time to time.
- b) Examination will be held in two parts, Part-I & Part-II. (Part I in 1st year and Part II in 2nd year)
- c) Candidates will not be allowed to take the Part-II (2nd year) Examination unless s/he has passed the Part-I (1st year) Examination.
- d) Two separate Boards for Part-I & Part II shall conduct the Examination. Part-I Board shall be consisted of 4 examiners, 2 of them will be internal examiners & 2 will be external examiners. Part-II Board shall be consisted of 4 examiners, 2 of them will be internal examiners & 2 will be external examiners.
- e) A candidate shall appear for all the papers & submit Ten Case Reports/Dissertation as required for completion of academic fulfillment for Part-I (1st year) & Part – II (2nd Year).
- f) Field Work/ Dissertation, Assignments/ Case Reports, will be assessed and evaluated as per the evaluation criteria and standards framed by the respective training institute and the University, from time to time. Dissertation of Part-II examination shall be evaluated by the members of the Board.
- g) Viva Voce Examination for Part-I (1st year) and Viva Voce & Clinical Examination for Part-II (2nd year) shall be conducted by the Board.
- h) Assessment shall consist the yearly / year end / Part end based Examination and each shall have an equal weightage of 50 %.
- i) Each theory paper & case records/Case Reports of Part-I (1st Year) examination shall be evaluated by the Members of the board. The CA towards 50% marks will be a continuous activity and **at least 10 Case Histories /Case Records/ Study Reports/ Case Reports (10 marks each)** must be conducted for a full 100 marks assessments and / or the teacher should select a **variety of mechanisms for evaluation such as:**

I. Journal and Magazine reviews

II. Seminar presentation

III. Case Study Presentations

IV. Movie Analysis

v.Short Quizzes

- j) The concerned teacher, in consultation with the Head of the PSW Department/ University PG Department/ Center, shall decide the nature of questions for a Written Test.
- k) A candidate will have to appear for all the Groups of Part-I (1st year) & Part-II (2nd Year) Examination when appearing for the first time.
- l) A candidate in Part-I (1st Year) & Part-II (2nd Year), failing in any of the “Group-A” subjects will have to reappear in all the “Group-A” Subjects.
- m) If a student missed an internal assessment examination. He /She will have a **second chance** with the endorsement of the Head of the PSW Department / Institute Head / Director in consultation with the concerned subject teacher. Such a second chance however, shall not be the right of the student.
- n) **CA marks will not change.** A student cannot repeat CA. In case He/ She wants to repeat CA, then He/ She can do so only by registering for the said course during the course year in which the course is conducted and up to 4 years (2 years program) as the case may be, provided the student has failed in that course.
- o) No candidate shall be allowed to appear either of Part-I (1st year) or Part-II (2nd Year) Examination more than three times.
- p) Supplementary Examination will be held for Part-I (1st year) & Part-II in the Month of following November for candidates failed in the Annual Examination.
- q) In either year candidates will have to reappear in all of the Papers of Group-‘A’ & Group- ‘B’ if not secured the PASS MARKS (50%).
- r) A candidate in Part-I (1st year), failing in the Case Report of the “Group-B” will have to resubmit the 10 CASE REPORTS in full & to take up the Viva-Voce Examination on those 10 CASE REPORTS.
- s) In either year candidates will have to reappear in all of the Papers of Group-‘A’ & Group- ‘B’ if not secured PASS MARKS (50%) in CASE REPORTS (Part-I/1st year) & DISSERTATION (Part-II/2nd Year).
- t) A candidate in Part-II, failing in the DISSERTATION of the “Group-B” will have to resubmit the Dissertation with reconciliation of areas/issues highlighted in the Part-II Examination & to take up the Viva-Voce Examination on the DISSERTATION
- u) There shall be a **reevaluation** of the answer scripts of ESE/ Year/ part but not of CA as per the university Ordinance No.134 A & B/ and/or applicable rules.
- v) While marks will be given for all examinations, The year / Part end Mark sheets will have only Marks on mark sheets and final Marks sheets and transcripts shall have only Marks, Grades and total percentage of marks. The final Mark sheet will also indicate the PG center to which the candidate belongs.

14. Assessment and Grade point Average

- 14.1 Results of M. Phil in PSW will be declared for every year / Part and the final examination will give total Marks and Grades.
- 14.2 After the gain of minimum number of Marks (50 % Marks) towards a completion of a M. Phil in PSW program, a student will get a Mark sheet with total marks earned and a grades of the Marks
- 14.3 A candidate who fails in First Attempt & secures pass marks in Second Attempt or Third Attempt shall be declared to have fulfilled the requirements for conferring of M.Phil. Degree in **Pass Class**.

Final Grades (As per UGC, Government & University Standards)

Table No. 1: Explanation Of Grade Average

Marks Obtained (%)	Grade
Above 75 %	Distinction
60 to 75 %	First Class
50-59 %	Second Class
49-0	Fail

15. Admission procedure:

The course for M. Phil in Psychiatric Social Work (PSW) programme will be held at the Govt. Regional Institute for Psychiatry and Allied Sciences, Regional Mental Hospital, Yerwada, Pune (Maharashtra) with initial Academic support of Karve Institute of Social Service, Pune (Maharashtra) affiliated to the Savitribai Phule Pune University, Pune (Maharashtra). The Savitribai Phule Pune University, Pune shall provide the M. Phil Degree in Psychiatric Social Work (M.Phil in PSW) to the candidates who successfully complete the M. Phil in PSW Course.

The course is open to those who have obtained **Master's degree in Social Work (MSW) or MA in Social Work** from a University recognized by the University Grants Commission (UGC) securing not less than 55% marks in the aggregate of the Master's degree as a whole for candidates belonging to **General Category**. In case of **Scheduled Caste (SC), Scheduled Tribe (ST) & Other Backward Class (OBC) Categories**, it should be not less than 50% Marks in the Aggregate of the Master's Degree as a whole.

Candidates will have to successfully complete the Course in Maximum 4 year duration/ time.

Candidates exceeding the limit of 4 years will not be allowed to continue the M. Phil in Psychiatric Social Work Course; in that case the registration of the candidate/s will be lapsed. Readmission in the same Course shall not be possible/ will not be done

16. Reservation of Seats: The Govt of India Reservation guidelines will be followed for the admission process. M. Phil PSW Course is a professional Clinical Course and students from various parts of India may apply for the course, hence GoI reservation rules will be followed instead of Local University rules for the same.

17. Discipline: Students are expected to follow all rules and maintain discipline throughout the period of the course. Students will be made aware of rules & expected norms of discipline at the beginning.

Ragging in any form, within or outside the campus, is strictly prohibited. In case a student is found violating the rules of discipline, the HOD, Dept of PSW/ Superintendent / Director/ Principal/ Head of the Institute can initiate appropriate course of action and ask him/her to discontinue the course or cancel his/her admission at any point of time, during the course.

18. Grant of terms: 100 per cent attendance is expected for field work/ Clinical work. Minimum 75% attendance is expected at the class room theory sessions/lectures. Leave is ordinarily not granted. In very exceptional circumstances leave subject to prior permission of the Head of the Institution must be obtained. Students are entitled for 30 days leave & for this; they must apply to the Head of the Department through the Supervisor & must not leave the campus until the leave is sanctioned except in emergencies. Any interruption in a student's attendance during the course of the study through illness or other extraordinary circumstances must be notified to the Director of the Institute in Written with necessary supporting documents/testimonials. Students will be posted under the teaching personnel & they must inform & obtain due permission from the supervisor in case they have some urgent work & want to go for an hour or so. The Head of the Institution reserves the right to grant terms. Every student will have to give an undertaking in relation to compliance of all rules and regulations of the training institution. The decision of the Head of the department/Institute shall be final and binding in all matters pertaining to discipline and professional behavior.

S/D
Chairman,
Board of Studies, Disability Studies,
Savitribai Phule Pune University, Pune

S/D
Dean
Humanities
Savitribai Phule Pune University, Pune

**M PHIL IN PSYCHIATRIC SOCIAL WORK PROGRAMME –
COURSE FRAMEWORK**

PART – I (1st Year)					
Sr. No	Courses	Type of Courses	Marks		Total Marks
			Written	Internal	
Part I / 1st year					
Group - A					
1	Foundation, Generic , Method Course Paper I : Psychiatric Social Work	Foundation, Generic , Method Course	80	20	100
2	Paper II : Psychosocial Perspectives on Mental Health	GC: Generic Compulsory Core Domain Course	80	20	100
3	Paper III: Psychiatric Social Work Research & Statistics	GC: Generic Compulsory Core Domain Course	80	20	100
Group - B					
F W	Case Reports – Detailed Case Work up with histories, Assessment and Intervention Plan of respective cases(10 Reports- Mandatory)	Compulsory	80	20	100
	5	Viva- voce based on the theory papers and case reports	GC: Generic Compulsory + Compulsory	80	20
Total			400	100	500

Foundation, Generic and Method Courses

Paper –I, Paper-II and paper-III

Learners Objectives:

1. To understand the field of Psychiatric Social Work
2. To know, learn and understand the various Psychiatric Social Work concepts and conceptual clarity about various terms/ terminologies in the field of Psychiatric social work
3. Develop knowledge of history, philosophy, ideologies of social change and development of social work and psychiatric Social Work in India and other parts of the world
4. To Know and understand the perspectives and trends of Psychiatric social work practice in India.
5. To understand various Social Work Methods and its use, importance and practice in field of Psychiatric Social Work
6. To understand various theoretical models or frameworks and intervention models in field of Psychiatric Social Work

7. To Know about various Mental Health and Disability Settings such as Mental Hospitals, Psychiatric Units in Govt, Pvt Hospitals and Medical Colleges, Psychiatric Clinics, Counseling and Psychotherapy Centres, Drug and De Addiction Centres, Psychiatric Rehabilitation Centres, Child and Adolescent Guidance Centres, Recreational Homes, Day care Centres, Old Age Homes, Special Separate Units of Specific Disorders, Correctional Settings, Satellite Clinics, Tele medicines, Couple of Family Counseling Centres, Mental Health Research Units, Govt Mental Health Projects, Mental Health Projects of NGO's Community Outreach Programmes, COVID -19 or other Emergency care Centres, Suicide Prevention Centres, Mental Health Help lines etc.
8. To Know and understand the Team of Mental Health Professionals/ Multidisciplinary Team and their Role and Functioning in the field of Mental Health
9. To Know and Understand the Role and Functioning of Psychiatric Social Worker in various Mental Health Settings
10. To get an outline and Understand the Theoretical Framework in the field of Mental Health
11. To Know and Understand the basic concepts in Psychology and areas of Psychology
12. To Learn and Understand the various concepts and theories from Developmental Psychology, Cognitive Psychology, Social Psychology, clinical Psychology
13. To Know and Understand the various Psychological Assessments/ Tools/ Testings in the field of Psychology and Mental Health
14. To know the basics of Psychotherapy and understand the various Psychological Therapies / Psychotherapies practiced in the field of Mental Health
15. To understand various Acts, Laws, Policies and Legal aspects of Mental Health in the field of Psychiatric Social Work and Mental Health
16. To develop an understanding about the scientific approach to human inquiry
17. To Develop an appreciation of the value and approach in social research, social work research and Psychiatric Social Work in addressing problems in the field
18. To acquire knowledge on application of various types of Qualitative and Quantitative Research in the field of Mental Health
19. To Understand the basics of Research Methodology, Research Design, Sample and Sampling and Epidemiology useful in the Research Work
20. Understanding various concepts in Epidemiology and Epidemiological Studies
21. To know more about Measurement and Scaling Techniques, Scale Construction in Research
22. To Understand the basics concepts useful in Descriptive and Inferential Statistics for Research
23. Understanding the Data Analysis and Scientific Research Writing
24. Computer Application in Social Work Research

Paper –I – Psychiatric Social Work

Unit-1: The Field of Psychiatric Social Work:

1. Historical Development of field of Psychiatric Social Work in India and abroad, Basic Concepts and theoretical framework, Psychiatric Social Worker, Contribution of various Institutes and Mental Health Professionals in the field of Psychiatric Social Work in India
2. Application and Practice of Social Work Methods: Application and practice of various Primary and Secondary Social Work Methods such as Social Case Work, Social Group work, Community organization, Social Action, Social Welfare Administration, Social Work Research by Psychiatric Social Work professionals in various Mental Health Institutes.
3. Use and importance of Social Work Ethics, Values and Principles of Social Work Methods in the field of Psychiatric Social Work

Unit- 2: Multidisciplinary Team in Mental Health Setting:

1. Psychiatrist, Clinical Psychologist, Psychiatric Social Worker, Psychiatric Nurses.
2. Mental Hospital as a social system, Psychosocial Aspects of Hospitalization.
3. Role and Functioning of Psychiatric Social Worker in various Mental Health Settings and Institutes (Clinical, Non Clinical, Micro, Macro, Meso etc)

Unit – 3: Psychosocial Assessment and Intervention:

Individual, Group and Family Assessments, Theoretical Framework in Psychiatric Social Work, Approaches and Theoretical Models, Principles and practice of group treatment, Application of Group Therapy and family Therapy with Individuals, Groups, Families, Patient Support Groups (PSG), Caregivers Groups, Self-Help Groups (SHG)

Unit -4: Psychiatric Social Work Practice with Family

1. Family: Definition, Types and Characteristics
2. Family as a Social System
3. Normal & Pathological Families
4. Family Dynamics & Forces, Family life Cycle Stages
5. Family Therapy: Basics and Approaches

Unit -5: Field Practice and Intervention in various Mental Health Settings:

1. Out Patient and Inpatient Departments of General and Government Psychiatric Hospitals, Psychiatric Clinics and other Mental Health institutes
2. Drug and De Addiction Centres,
3. Rehabilitation Centers
4. Occupational Therapy Units

5. Child & Adolescent Guidance Centres/Units/Schools/ Special Schools
6. Counseling and Psychotherapy Centres (Child, Couple, Family)
7. Psychiatric emergency services including Suicide Prevention Helpline, Child line, Women Helpline, Mental Health Support Helplines
8. Neurology & neurosurgery Units
9. Community Mental Health Care Centres
10. Industrial Settings including Information & Technology Sector
11. Correctional Institutes including Jail, Prisons, Observation Homes

Unit -6: Legal Aspects in Mental Health Settings: Policies, Legislations & Mental Health Programmes:

A) Legislations/Laws/ Acts in the field of Mental Health

1. Brief overview of Indian constitution, Fundamental rights & Directive principles
2. Five year plans from Mental Health Perspective
3. Mental Health and Human Rights
4. The Mental Healthcare Act, 2017; Brief overview of predecessors of Present Mental Healthcare Act, 2017: a) Mental Health Act, 1987; b) Indian Lunacy Act, 1912
5. Rights of Persons with Disabilities Act, 2016 and Person with Disabilities Act 1995
6. The Narcotic Drugs & Psychotropic Substances Act, 1985 (NDPS)
7. The Medical Termination of Pregnancy Act (MTPA) 1971 and the Medical Termination of Pregnancy (Amendment) Bill, 2020
8. Transplantation of Human Organs Act, 1994
9. Children related Acts: The Protection of Children from Sexual Offences (POCSO) Act, 2012, Juvenile Justice (Care & Protection) Act, 2015
10. Rehabilitation Council of India Act, 1992
11. National Trust Act, 1999
12. Hindu Adoption & Maintenance Act, 1956 and Guardians & Wards Act-1890
13. Testamentary Capacity
14. Will of Person with Mental Illness/ Disability

B) Policies and Mental Health Programmes:

1. United Nations Conventions
2. Alma Ata Declarations
3. UNCRC & UNCRPD
4. National Rural Health Mission
5. National Urban Health Mission

6. National Health Policy
7. National Mental Health Programme (NMHP)
8. District Mental Health Programme (DMHP)
9. National Mental Health Policy

Paper-II: Psychological Perspectives on Mental Health

Unit-1: Introduction to Psychology

1. Psychology: Definition, Concept, Areas, Fields of Psychology
2. Methods, Models and Approaches to Psychology
3. Application of Psychology to Psychiatric Social Work

Unit-2: Developmental Psychology:

Theories and Developmental Factors of Cognitive Development, Emotional and Moral Development, Motor Development, Speech and Language Development, Social Development, Stages of Cognitive Development, Stages of Psychological Development & Psychosexual Development Stages, Stages of Psychosocial Development

Unit-3: Application of Learning Theories in Clinical Setting:

Application of learning theories in clinical Settings; Learning: Definition, Theories of learning: Classical Conditioning, Operant Conditioning/ Instrumental conditioning, Behavioral and social learning theories

Unit-4: Theories of Cognition, Memory and Intelligence:

1. Cognition, Cognitive Development :Definition, Concepts & Theories
2. Memory & Forgetting : Definition, Nature, Theories, Memory Processes, Types, Methods of memorization, Forgetting
3. Intelligence: Theories, Measurement, Intelligence Quotient (IQ), Emotional Quotient (EQ) & Social Quotient

Unit-5: Social Psychology:

1. Applications of Social Psychology
2. **Behaviour & Motivation**-Types, Acquired or Psychosocial Motives, Unconscious Motivation, Theories, Motives & Behaviour.
3. **Emotion**: Definition, Nature, Components, Types, Theories

4. **Attitude, Prejudice , Stigma and Discrimination:** - Definition, Nature, Development & Formation of Attitude, Attitudinal Changes, factor affecting attitude, Behaviour & Attitude, Attitude-behaviour Process Model, Psychometric assessments of Attitudes.
5. **Conflict & Frustration-** Introduction, Concept, Types, ways of addressing Conflict in Social Situation, Frustration, Frustration resolution, Yoga to Overcome Frustration, Stress & Coping/ Coping Mechanisms
6. **Self Esteem and Self Concept** Process of Socialization process, Concepts & Factors of Socialization
7. Social Networking, Social Support & Perceived Social Support
8. Defense Mechanisms

Unit-6: Leadership & Personality, Behavioral & Psychological Assessment, Psychological

Testing:

1. Behavioral Assessment, Neuro Psychological & Neuro-Psychiatric Assessment, and Psycho diagnostic Assessments: Projective Tests- Rorschach's Ink Blot Test, Sach's Sentence Completion Test, Draw a Person Test, Thematic Apperception Test (TAT) & Children's Apperception Test (CAT) (Overview)
2. Leadership: Concepts & Theories; Types of leaders
3. Personality: Definition, Assessment and Theories,
4. Intelligence: Definition, Intelligence & Assessment and Theories
5. Tests of Achievement & Aptitude

Unit-7: Psychological Theories and Methods of Clinical Management

1. Psychoanalysis: Contribution of Freud and Neo Freudians schools
2. Psychodynamic Theories
3. Cognitive Theory & Cognitive Behaviour Therapy
4. Art Based Therapies including Play therapy, Dance and Movement Therapy
5. Humanistic theory
6. REBT
7. Eclectic Therapy
8. Existential Theory
9. Counseling: Ethics, Types, Stages & Process; Skills of good Counselor

Paper-III: Psychiatric Social Work Research & Statistics

Unit-1: Research Methodology:

1. Social Work Research- Research Methods, Approaches & theories in Social Work Research, Tools and Methods of Data Collection, Ethics of Social Work Research
2. Research Methodology : Research Design, Introduction, Assumptions & values, Steps of Scientific Researches, Types of Research Designs
3. Scientific Methods of Social Research in Psychiatric Social Work Research, Cause & Effect Relationship and Concepts
4. Variables and Hypothesis- Definition and Concepts, Types of Variables, Types of Hypothesis, Null and Alternative Hypothesis, Hypothesis Testing, Value neutrality
1. Sample and Sampling: Definitions, Random and Non Random Samples, Other Types and Methods of Sampling, Sampling Error, Randomization,

Unit-2: Qualitative and Quantitative Research Designs and Methods in Social Work Researches:

1. Qualitative Research: Research Designs in Qualitative Researches.
2. Quantitative Research: Types of Quantitative Researches: Descriptive Design, Exploratory Design, Experimental Design, Cross Sectional Designs, Single Group Design, Completely Randomized Design, Randomized Block Design, Latin Square Design, Mixed Method Design & Group Designs
3. Group Designs In Psychiatric Social Work Practice
4. Tools and Methods of Data Collection in Qualitative and Quantitative Research, Assessment, Analysis, Evaluation and Data Processing Management techniques in Qualitative and Quantitative Research
5. Writing Scientific Research Articles, Research Proposals and Research Reports

Unit-3 : Measurement & Scaling in Research:

1. Measurement- Methods of Measurement- Levels of Measurement & Appropriate Statistical Techniques
2. Construction of Scales, Types, Methods and Steps in Scale Construction
3. Reliability and Validity in Social Work Research: Concepts and Types

Unit-4: Importance of Epidemiology in Mental Health:

1. Basic Measurements in Epidemiology : -Prevalence, Incidence, Mortality, Morbidity, Use of Vital Statistics in Epidemiological Researches
2. Epidemiology Study Design- Descriptive Epidemiology, Explorative Epidemiology, Experimental Epidemiology, Analytical Epidemiology, Case-Control Method, Cohort Studies, Intervention Studies.
3. Associations & Causality
4. Use of Epidemiology in Mental Health.

Unit-5: Descriptive & Inferential Statistics:

1. Levels of Measurement, Descriptive statistics: central tendency, dispersion, skewness, kurtosis, regression, correlation-coefficient. Probability Theory and Probability Distribution,
2. Inferential statistics- statistical hypothesis, test of null hypothesis test of significance, point & interval estimates, Chi Square, “F” and “t” statistics,
3. parametric & non-parametric tests, Sign Test, Wilcoxon Signed Rank Test, Mann- Whitney Test, Rank Test,
6. Correlation and Regression

Unit-6 : Analysis of Variance:

1. Analysis of Variances (ANOVA),
2. One Way and Two Way Analysis of Variances (ANOVA).
3. Analysis of Co Variance (ANCOVA)
4. Multivariate Analysis

Unit-7 : Computer Application in Social Work Research:

1. Statistical Package for Social Sciences (SPSS),
2. STATA, Atlas ti/ NVivo/ RQDA/ Miner Lite
3. References writing: Referencing with the help of Medley/ Endnote/ Zetero softwares

PART – II (2nd Year)					
Sr. No	Courses	Type of Courses	Marks		Total Marks
			Written	Internal	
Part II / 2nd year					
Group - A					
1	Generic Compulsory Core Domain Course Paper I : Social Issues & Mental health	Generic Compulsory Core Domain Course	80	20	100
2	Paper II : Psychiatric Social Work Intervention	GC: Generic Compulsory Core Domain Course	80	20	100
3	Paper III: Psychiatry Including Common Neurological Problems	GC: Generic Compulsory Core Domain Course	80	20	100
Group - B					
4	Dissertation (Research Project)	Compulsory	80	20	100
5	Viva- Voce based on the theory papers and case reports	GC: Generic Compulsory + Compulsory	80	20	100
Total			400	100	500

Generic, Compulsory Core Domain Courses

Paper –I, Paper –II and Paper –III

Learner Objectives:

1. To understand the various Intervention Methods in the field of Mental Health
2. To understand various practical approaches and applications of Social Work and Psychiatric Social Work in the field of Mental Health
3. To understand the Individual, Group, Family, Community as a whole and practical intervention approaches in the field of Mental Health
4. To develop competencies and equip learners with professional values, ethics, skills and capacities necessary for working with individuals, groups, families and community
5. To understand the Roles and Functioning of Multidisciplinary team members in Application of Intervention Plan among Individual, Group, Family, Community
6. Understanding the difference and application of Pharmacological and Non Pharmacological management and Intervention Plans in the field of Mental Health

7. To Know and understand various Mental Health Programmes, Schemes, Policies, Acts, Laws and other Legal Aspects related to the field of Mental Health
8. To know the various Education and training programmes in the field of Mental Health
9. To Know and Understand the Social issues and Social Problems associated with Weaker Sections of the Society, Children, Women, Aged People and other Minority sections
10. To understand the Role of Religion, Culture, Socio Cultural Factors, Social factors and Spirituality in the field of Mental Health and Understanding the concepts of Cultural Aspects, Spirituality, Well being and Mental Health
11. To Know and understand the basic , general Theoretical background of various Mental Health Conditions and Mental Disorders in Psychiatry including common Neurological Problems
12. To Know and understand the Illness or Disorder Contributory Factors including Risk factors and basic Etiological/Causative theories and factors of various Psychiatric/ Mental Disorders and Common Neurological Problems
13. To Know and Understand the Clinical Features, Symptomatology and Diagnostic Criterias of various Mental Disorders which is helpful for Psychosocial Assessments and Psychosocial Interventions in field Application and Practice
14. To know the Classificatory Systems in Psychiatry(ICD-10/ 11, DSM-IV / V)
15. To understand the Psychiatric Interview techniques & Mental Status Examination useful in Assessments of the Disorders
16. To know and understand the practical Application of various Mental Health of Psychiatric Treatment Methodologies/ Methods, Management and Psychosocial Interventions in the Management of Mental Disorders including Biological, Psychological, Social and Psychosocial Approaches
17. To understand the Role and Functioning of Psychiatric Social Worker in various Mental Health Settings
18. To understand the Role and Functioning of Psychiatric Social Worker in the Assessments and Disorder Management (Role and Functioning in Child and Adolescent Disorders, Adult Psychiatric Disorders, Neurological and Neurocognitive Disorders, Substance Use Disorders and Addictive behaviours etc.)
19. To Know and understand the traditional and Indian origin Mental Health Interventions in the field of Mental Health especially with reference to AYUSH (Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homeopathy)
20. To equip learners with theoretical knowledge of Disorder Assessments and Management or Interventions for better and effective application or learned Knowledge in the field of Mental Health

Paper-I: Social Issues & Mental Health

Unit-1: Social Issues in Indian Context: Mental Health Implications

1. Overview and understanding the Concept of Social Issues, Social Change, Social Organization, Social Disorganization and Social Issues in India
2. Common Social Issues in India: Poverty, Illiteracy, Unemployment, Crime, Violence, Superstition, Gambling, Dowry, Corruptions (Concepts, Forces, Generating Corruption & Suggestions for dealing with Corruption)
3. Caste and Indian Caste Systems: Casteism & Communalism: factors and determinants; Mental Health Implications Measures for Combating Communalism)
4. Women Violence, Rape, Honour killing,
5. Child Abuse including Child Sexual Abuse and Violence
6. Various Factors & Determinants of Social Issues; Mental Health Implications

Unit-2: Social Problems in India:

1. Social Problems: Various Causes and Factors influencing Social Problems
2. Indian Social Problems: Indian Political System & Political Culture
3. Multiculturalism & Social Problems: Race, Ethnicity, Language, Regional, Religious, Caste & Cultural Differences
4. Issues and violence related to Unrest, Communal violence and Clashes, Conflicts, Terrorism and War in India. Causes of Unrest, Communal violence and Clashes, Conflicts, Terrorism and War in India
5. Socio- Economic, Physical, Psychological, Emotional and Psychosocial impact of Unrest, Communal violence and Clashes, Conflicts, terrorism and War on specific or Vulnerable groups, communities of the society
6. Remedies to resolve Social issues and Social Problems: Indian and International Mediating agencies, Task Forces, Statutory Bodies or Institutes working for Social Problems and Peace
7. Role of national and International Organizations in Human development: World Bank, WHO, UNO, UNDP, UNESCAP, UN- Habitat, UNODC, UN Women (UW), OECD, Commonwealth of Nations (CWN), IORA, ICJ, IUCN, UNICEF, NACO, Federation

Unit-3: Mental Health Issues related to Various Weaker Sections of the Society

1. Concept of Weaker Sections in India: Weaker Sections and Human Rights, Constitutional Provisions for the betterment of Weaker Sections, Violence against minority Communities
2. Mental Health Issues: Understanding The issues of Mental Health Issues of Children, Women, Elderly and Other Minority Sections
3. **Women and Legal Rights:** Women Issues and Challenges, Rape, Crime, Violence, Gender Discrimination and Inequality, Marital or Couple issues and Women Violence, Cultural aspects, rituals and women Violence, Separation or Divorce in Women (Jat- Panchayat rules and practices such as purity test, Khatna etc), Violence at Workplace, etc and Violation of Women Rights in India, Women Empowerment, Indian Policies for Women, Women Commission, various Govt Schemes and Programmes for Women in INdia, Acts and Laws related Women including Dowry Prohibition Act, Prohibition of Child Marriage Act, The **Immoral Traffic** (Prevention) Act (ITPA), Domestic Violence Act, POSH Act
4. **Issues related to Children and Adolescents:** Child Rearing and Parenting issues, Child Sexual Abuse, Children in Difficult Circumstances (Orphans, Special Child, Intellectual Disability among Children, Child with Learning Disability, Child with Mental Illness, Single Parent, Child and Parental Divorce, Child with HIV, Child and frequent migrations, Child with Disaster and Armed Conflict) Other issues such as Street Children, Child labor, Child Abuse, Child Trafficking, Juvenile Delinquency and Child with Conflict with law, Psychological Issues of Adolescents, Identity Crisis in Adolescents, Gambling, Substance abuse and addictive behaviors among Adolescents, Mental Pressure of Academic Performance, Fear of Exam Failure, Fear of Neglect, Development of Specific Phobias, Peer Pressure, Sibling Rivalry and lack of parental support to cope up with crisis and other issues in Adolescents, Internet Addiction including Porn Movies, Screen Addiction, Mobile Addiction, Game Addiction, Cyber Crime, Bullying and Suicide as a major issues of Children and Adolescents. Policies and Acts related to Child and Child Protection: Children Policy in India, Education Policy, and POCSO Act etc.
5. **Elderly, Senior Citizens and Social Issues:** High ratio of Crime in Senior Citizens (Including Cyber Crime), Poor family Support, departure to Old Age and day care centers, Pension issues, Mental Health Problems like forgetting (Dementia, Delirium and other Organic Conditions), Physical Inability due to Old age, Major Psychiatric Illnesses, feeling of Lack of Social safety and Security, Policies, Laws and Acts for Senior Citizens in India
6. Roles and Functions of Psychiatric Social Workers to tackle the Mental Health Issues of

Children, Women, Elderly and Other Minority Sections

7. **Youth and Issues:** Unemployment and Youth, Youth and unrest, Youth Movements, Youth Policies, Laws and Acts, Govt subsidies and financial supports through various Mahamandals and Commissions for youth in India, Education and Employment Opportunities for youth in India

Unit-4: Social and Mental Health Issues of the Beggars, Homeless and Person required attention of the Society

1. Social and Mental Health Issues of Beggars, Homeless people, Person with Mental Illness, Person with Physical Disability, Person with Intellectual Disability, Person with Impairment and Handicapped, Person with HIV/ AIDS, Person with Cancer and Palliative Care, Women with Acid Attack, Person facing Atrocity and other Crimes Issues, Road side Wandering Person with Mental Illness, Special Child or Child with Intellectual Disability, Person with issue of Sexual Orientation & Preferences -LGBT (Lesbian, Gay, Bisexual & Transgender People) Families with Mental Illness or Disability, Pension and other Govt schemes and Programmes for Special Children in India
2. Roles and Functions of Psychiatric Social Workers to tackle the Mental Health Issues of Beggars, Homeless, Person with Physical illness, Person with Mental Illnesses and Person with Physical or other Disability

Unit-5: Socio Cultural, Religious, Spiritual and Environmental Aspects and issues: Implication on Society

1. Socio Cultural Aspects and issues in Indian Communities and Society
2. Religiousness and Spirituality as dominant factor in Indian Societies: Concepts, Psychosocial Aspects Religion and Spirituality, Religious Institutions,
3. Religion, Spirituality and Health & Mental Health Practices in India: Religion, Health and Mental Health Practice, Spirituality Health and Mental Health Practice, Religious and Spiritual Well Being
4. Alternative Healing System and Alternative Medicines: Origin and Historical Development, Traditional and Folk healers and their Healing practices in India
5. Health and Mental Health Issues of Tribal and Rural Indian Communities residing in remote hamlets and areas of India, Health and Mental Health Delivery Systems in Tribal and Rural Communities
6. Role of Psychiatric Social Worker in Health and Mental Health Delivery System of India

7. Issues related to Environment in India: Environmental Issues, Types of Environmental Hazards; Natural, Human Made Conflicts, Natural Calamities, and Disasters: Policies and Acts related to Environmental issues and Disaster. Role of Psychiatric Social Worker in management of issues related to Environmental and Disaster

PAPER-II: Psychiatric Social Work Interventions

Unit-1 : Working with Individuals: Application of Psychiatric Social Work Intervention for Self and Individual Development:

1. Working with Individuals: Application of Case Work in the field of Mental Health
2. Intake Sheet , History Taking and Case Work Interview in the field of Mental Health
3. Case Work Process: Study, Continuous assessment and analysis, Psycho-social diagnosis, Intervention, Termination, Follow up
4. Models and Components of Case Work
5. Principles, Tools, Skills and Techniques of Case Work
6. Problem Formulation, Psychosocial Diagnosis, Psychosocial Aspects and its role to prepare and execute Psychosocial Management Plans to manage various Psychiatric Disorders or Conditions
7. Self Concept Development and Techniques of Understanding Self : Self Concept Development, Crisis and Crisis Intervention, Transactional Analysis, SWOT analysis, Jo-Hari window, Mirror reflection techniques
8. Application of Approaches: Task oriented approach; Ecological approach, Casework in Primary and Secondary set ups,
9. Use of various Counseling Techniques in case Work/ Working with Individuals
10. Recording in Case Work: Types – Narrative Recording, Process Recording, Summary Recording
11. Role and Functioning of Case Worker and Psychiatric Social Worker in Case Work/ Working with Individuals

Unit-2 : Working With Groups:

1. Understanding Groups: Characteristics and Group Purpose
2. Types of Groups, Principles, Steps of Groups Formation and Group Development

3. Group Process and Group Dynamics- Sub Groups, Decision Making, Isolation, Leadership, Conflict
4. Roles, Responsibilities and Skills of Group Worker: Problem Solving in group
5. Techniques – Conflict Resolution, Relationships, Communication and Use of Environment
6. Recording in Group Work
7. Group work in various settings, Therapeutic Community, Alcohol Anonymous Groups (AA), Other Groups
8. Therapeutic Community- Definition, Principles, Components and Application of Therapeutic Community in the field of Mental Health
9. Termination in Group Work
10. Role and Functioning of Group Worker and Psychiatric Social Worker in Group Work/Group Therapy

Unit-3 : Couple and Family: Intervention with Couples and Families:

1. Marriage: Types, Marital Issues in Couples, Couple Counseling and Couple Therapy
2. Psychosocial Assessment and Psychosocial Intervention in Pathological Families
3. Role of Family Dynamics in Family Functioning
4. Family Forces and Family life Cycle Stages
5. Various Approaches to family Intervention
6. Family Therapy: Various Models of Family Therapy
7. Social Support System: Role of Primary Social Support in illness Management
8. Functions of Couple Counseling Centre and Role of Counselor in Couple Counseling Centre
9. Functions of Family Counseling Centre and Role of Counselor in Family Counseling Centre
10. Functions of Family Courts, Role of Counselor in Family Courts
11. Functions of Child and Adolescent Guidance Centre: Roles, Functioning and Interventions by team in this set up
12. Role and Functioning of of Couple Therapist , Family Therapist, Child Therapist and Psychiatric Social Worker in Child and adolescent Guidance Centre and other Family Intervention Centres/ Set Ups

Unit-4: Working With Community: Community Intervention

1. Community: Definition & Concept of community, Types of Community, and Community Dynamics
2. Community Need Assessment: Baseline Survey, Micro Planning, Participatory Rural Appraisal (PRA), Other Community Need Assessment techniques

3. Assessment and Evaluation of various Socio-Cultural & Societal Factors in Indian Society and Communities
4. Community Intervention: Village Action and Village Development Plan, Techniques of village/ Community Intervention, Community Development Programme (CDP), Govt Criteria and Concept of Ideal Village/ Community
5. Mental Health Need Assessment and Intervention in Community: Role of National Mental Health Programmes, District Mental Health Programme, Community Outreach Programme, Community Based Rehabilitation Programme, Therapeutic Community, Sociodrama, Community participation Models in Community Development
6. Role of Teaching and Other Institutes in Community Education, Interventions for Community Development: National Mental Health Programme, District Mental Health Programme, District Hospitals, Primary Health Centres, Sub Centres, Community Medicine Departments of Medical Colleges
7. Disaster Management in Community: Types of Disaster; Psychological Consequences of Disaster & Trauma; Psychological and Psychosocial Interventions in Disaster/ Disaster Management
8. Community Psychiatry and Rural Psychiatric Services: Principles of Community Psychiatry, Community Outreach Services by various Mental Hospitals
9. Community Based Rehabilitation: Community Base Rehabilitation in Illness and Disability, Treatment and Approaches

Unit-5 : Teaching, Training and Research of Professionals & Paraprofessionals in Mental Health

1. Recommendations of Mental Health Teaching and Training Institutes by various Committees In India
2. Historical Development and establishments of Mental Health Teaching and Training Institutes and other initiatives in India
3. Purpose and Overview of initial Appointments and recruitments of Mental Health Professionals in various Mental Health wings, Units , Hospitals and Mental Health Teaching and Training Institutes
4. Networking, Capacit Building, Teaching and Training of Mental Health Professionals, Paraprofessionals and Volunteers in Various Teaching, Research and Training Centres and Institutes
5. Teaching Pedagogy and Teaching & Training Methods in various Psychiatric Social Work and Mental Health Training Institutes in India: Content Delivery, Type of Field Practicum, Type of Supervision, Monitoring and Evaluation;
6. Research and Extension in the Field: Preparation of Project Proposals with Timelines, Monitoring and Budgetary Provisions

7. Scope of Corporate Social Responsibility (CSR) Projects and activities in the field of Mental Health
8. Project Life Cycle, Sustainable Development Goal Strategies, Appraisals, Project Audits and UT's, Fund Raising and Project Management
9. Project Need Assessment, Project Impact Assessment, Report Writing
10. Understanding Recent Trends in the field of Mental Health education
11. Challenges, Difficulties and Barriers and Limitations of Mental Health Professionals in the field

Unit-6: Role of Psychiatric Social Worker in various Mental Health Areas and Establishments: Prevention, Promotion and Management

1. Roles and Functioning of psychiatric social workers in various agencies centres or Institutes working for Individuals, Groups, Families and Community settings
2. Roles and Functioning of Psychiatric Social Workers in Prevention of Mental Health Conditions , Psychiatric Illnesses, Disorders and Disabilities, Role in Mental Health Promotion
3. Psychiatric Social Work Interventions in reducing Stigma and Discrimination
4. Psychiatric Social Work Intervention by Psychiatric Social Worker in various agencies, centers or Institutes working in field of Mental Health: Child and Adolescent Psychiatry Units, Inpatient and OPD, General Hospital and Medical College Psychiatric Units, Psychiatric Clinics, Centre for Substance Use and addictive Behaviors or Drug and De addiction Centres, Neurological and neurocognitive Disorder Care Centres, Family Counseling Centre, Couple Counseling Centre, Psychotherapy Units, ABT Units, Counseling and Psychotherapy Units, Rehabilitation Centres, Drug and De addiction Centres, Correctional Settings, Forensic Psychiatry, Women Support Centres, Women Helplines, Childline and Child Help Line, Suicide help line, Senior Citizen Help line and Support Centres, Old Age Homes or Geriatric Care Centres, Day Care Centres, half way Homes, Patient Support Group, Parent Support Groups, AA, Therapeutic Community, COVID -19 Counseling Centres and COVID -19 Counseling Help lines and other centres and institutes working for Person with Mental Illnesses or Disorders and Disabilities in the field of Mental Health or Mental Health Settings. Other Family Service Agencies, Child Welfare Agencies, Educational Settings, Correctional Institutions, Rehabilitation Services
5. Rehabilitation: Types of Rehabilitation
6. Psychosocial Rehabilitation- Definition, Models & Approaches of psychosocial rehabilitation

Paper-III: Psychiatry, Including Common Neurological Problems

Unit-1 : General Theoretical Background:

1. Development of psychiatry as a scientific discipline; brief history of psychiatry; models of conceptualizing mental illness
2. Concept of Health, Mental Health, Disease, Illness & Mental Illness, Sickness, Disorder, Impairment, Handicapped and Disability
3. Normal and abnormal behavior, Normality & Abnormality, General Wellbeing
4. Signs and Symptoms in different various Psychiatric or Mental Disorders
5. Biological foundation of Behavior- Brain Structure and its Functions, Neurons, Neural Transmission, Synaptic Transmission
6. Basic Etiological, Causative factors of various Psychiatric Disorders including Biological and Genetic basis of psychiatric disorders
7. Neurosis and Psychosis: Symptomatology and Diagnostic Criteria of Disorders
8. Classificatory Systems in Psychiatry- ICD- 11, DSM 5 ; Difference between ICD 11 and DSM 5
9. Psychiatric Interview techniques & Mental Status Examination

Unit-2 : Common Neurological / Neuro cognitive Disorders in Mental Health

1. Neuro cognitive Disorders: i.e Mental illnesses due to demonstrable cerebral or Systemic Pathology. Dementia, Delirium, Amnesic disorder, Mild Neuro cognitive Disorder etc., Epilepsy, Organic Psychosis and other neurological Conditions or Neurocognitive Disorders (Including Types): Clinical Features, Etiological, Causative & Risk Factors and Diagnostic Criteria in Neurocognitive Disorders
2. Treatment, Management and Psychosocial Interventions including Biological, Psychological, Social and Psychosocial Approaches in various Neurological Disorders
3. Psychosocial Rehabilitation in Neurological Disorders

Unit-3 : Neurosis, Anxiety Based & Stress Related Disorders:

1. Various Neurosis, Anxiety Based & Stress Related Disorders: Generalized Anxiety Disorder, Panic Disorder, Phobic Disorders,, Social Anxiety Disorder, Separation Anxiety Disorder, Selective Mutism, Hypochondriasis, OCD, PTSD , Dissociative (Conversion) Disorder, Somatoform Disorders
2. Clinical Features, Etiological, Causative & Risk Factors and Diagnostic Criteria in Anxiety Based & Stress Related Disorders

3. Treatment, Management and Psychosocial Interventions including Biological, Psychological, Social and Psychosocial Approaches in Neurosis, Anxiety Based & Stress Related Disorders

Unit-4 : Psychosis: Severe Mental Disorder:

1. Psychosis: Schizophrenia, Schizoaffective Disorder, Schizotypal Disorder, Acute & Transient Psychotic Disorder, Delusional Disorder And Secondary Psychotic Syndromes, Mood Disorders Including Bipolar & Related Disorders, Depressive Disorders And Secondary Mood Syndromes,
2. Clinical Features, Etiological, Causative & Risk Factors and Diagnostic Criteria in Severe mental Disorders
3. Treatment, Management and Psychosocial Interventions including Biological, Psychological, Social and Psychosocial Approaches in Severe Mental Disorders
4. Psychosocial Rehabilitation in Severe Mental Disorders

Unit-5 : Disorders due to substance use or addictive behaviours:

1. Substance use Disorders: Intoxication, Harmful Use, Dependence, Withdrawal, Induced Delirium, Induced Psychotic Disorder, Induced Mood Disorder, Induced Anxiety Disorder, Induced Sexual Dysfunction, Induced Sleep Disorder, Dementia, Amnesic Disorder And Single Episode of Harmful Use.
2. Addictive Behaviour: Gambling Disorder And Gaming Disorder
3. Clinical Features, Etiological, Causative & Risk Factors and Diagnostic Criteria in Substance Use Disorders and Addictive Behaviour
4. Biological, Physical, Psychological, Social and overall impact of substance addiction on person and his/her family and Network
5. Psychosocial Aspects of Substance Use Disorders and Addictive Behavior
6. Treatment, Management and Psychosocial Interventions including Biological, Psychological, Social and Psychosocial Approaches in Substance Use Disorders and Addictive Behavior
7. Psychosocial Rehabilitation in Substance Use Disorders and Addictive Behavior

Unit-6 : Eating Disorders, Non Organic Sleep Disorders, and Sexual Dysfunction & Sexual Disorders:

1. Clinical Features, Etiological & Causative Factors and Diagnostic Criteria of Eating Disorders including Anorexia nervosa and Bulimia nervosa
2. Clinical Features, Etiological & Causative Factors and Diagnostic Criteria of Nonorganic insomnia, Nonorganic hypersomnia and other Sleep Disorders

3. Sexual Dysfunction and Sexual Disorders: Clinical Features, Etiological & Causative Factors and Diagnostic Criteria
4. Treatment, Management and Psychosocial Interventions including Biological, Psychological, Social and Psychosocial Approaches in Eating Disorders, Non Organic Sleep Disorders, and Sexual Dysfunction & Sexual Disorders

Unit-7 : Personality Disorders:

5. Clinical Features, Etiological, Causative, Risk Factors and Diagnostic Criteria of Cluster A, B and C types Personality Disorders
6. Transcultural aspect of mental illness- culture bound syndrome in Psychiatry
7. Treatment, Management and Psychosocial Interventions including Biological, Psychological, Social and Psychosocial Approaches in Personality Disorders

Unit-8: Child and Adolescent Psychiatry Including Intellectual Disability, Developmental Disorders, Learning Disability and others

1. Intellectual Disability: Clinical Features, Etiological & Causative Factors and Diagnostic Criteria, Levels of Prevention, Treatment and Management
2. **Speech and language** (Specific speech articulation disorder, Expressive language disorder, Receptive language disorder, Acquire aphasia with epilepsy [Landau-Kleffner syndrome]) : Clinical Features, Etiological & Causative Factors and Diagnostic Criteria
3. **Disorders of Scholastic Skills** (Specific reading disorder, Specific spelling disorder, Specific disorder of arithmetical skills, Mixed disorder of scholastic skills): Clinical Features, Etiological & Causative Factors and Diagnostic Criteria
4. **Pervasive Developmental Disorders (Autism Spectrum Disorders including** Childhood Autism, Atypical Autism, Rett's syndrome, Other Childhood Disintegrative Disorder, Overactive disorder associated with intellectual Disability and stereotyped movements, Asperger's syndrome; Clinical Features, Etiological & Causative Factors and Diagnostic Criteria
5. Clinical Features, Etiological & Causative Factors and Diagnostic Criteria of Disorder of Motor Function, Attention Deficit and Hyperactivity Disorder (ADHD), Conduct Disorder, Emotional Disorders with Onset Specific to Childhood, Disorders of Social Functioning with Onset Specific to Childhood and Adolescence, Tic Disorders

6. Childhood Affective Disorders & Psychosis in Childhood & Adolescence, Elimination Disorders, Cerebral Palsy, Multiple Disabilities in Children and Adolescent
7. Treatment, Management and Psychosocial Interventions including Biological, Psychological, Social and Psychosocial Approaches, Behavior Modification Techniques, Art Based Therapy (ABT), Play Therapy, Dance and Movement Therapy and other Psychotherapies in Child and Adolescent related Disorders and Disabilities
8. Role of Parents and Family including Parental Counseling
9. Behavioural Assessment and Management, Psychological Testings, IQ Assessment, EQ, and other Assessments in Child and Adolescent Psychiatry

Unit-9: Psychosomatic Disorders:

1. Psychosomatic Disorders : Concepts, Theories, Types, Treatment, Management and Interventions including various psychotherapies
2. Psychological Problems In Physical Illnesses & Medical Conditions

Unit-10: Pharmacological, Non Pharmacological and other Traditional Methods of Managements including Biological, Psychological and Psychosocial Interventions in Psychiatric Disorders:

1. Biological interventions in Psychiatric Disorders: Pharmacotherapy- Medications used in different psychiatric disorders; indications & contraindications; Drug, Dose, Duration and management of Side Effects
2. Other Biological Interventions- ECT, rTMS, FNRI & Surgical Interventions:
3. Psychological Interventions in Psychiatric Disorders: Major Approaches & Models
4. Psychotherapies: Objectives, Types, Principles & Components of Psychotherapy
5. Adjunctive use of psychotherapy in different mental disorders
6. Traditional Healing Practices: Ayurveda, Yoga, Naturopathy, Unani, Siddha, Homeopathy, massage, Bach flower remedies, Chinese medicine, Tibetan medicine etc. and other and traditional Mental Health Interventions

Recommended Readings: Books, Journals and Articles

Books - Sociology/ Social Work/Psychiatric Social Work/ Social Sciences		
Name of the Book/ Title	Author/s	Publisher/ Publishing Agency
A Text Book of Social Work	Brian Sheldon, Geraldine MacDonald	Routledge/Taylor & Francis Ltd.
An Introduction to Sociology of Health & Illness, 2 nd Edition	Kevin White	Sage Publication Inc.
Behavioural Social Work in Health Care Settings: Papers from the Seventh Doris Siegel Memorial Colloquium	G. Rosenberg & A. Weissman	Haworth Press Inc.
Changing Family Life Cycle	Monica McGoldrick	Allyn and Bacon
Child Abuse & Protection: Contemporary issues in research, policy & practice	Julia Davidson, Antonia Bifulco	Routledge/Taylor & Francis Ltd.
Child Welfare: Perspectives from Social Work	Kathryn Kruse, Tobi DeLong-Hamilton	Routledge/Taylor & Francis Ltd.
Clinical Assessment for Social Workers: Quantitative and Qualitative Methods 4 th Edition	Catheleen Jordan, Cynthia Franklin	Oxford University Press
Clinical Social Work Practice in Behavioural Mental Health: Toward Evidence-Based Practice: 3rd Edition	Roberta G. Sands, Zvi D. Gellis	Pearson
Clinical Social Work Practice: An Integrated Approach: 5 th Edition, Advancing Core Competencies: 5th Edition	Marlene Cooper, Joan Granucci Lesser	Pearson
Clinical Work & Social Action: An Integrative Approach	Fred A. Newcom, Jerome Sachs, Carlton Munson	Routledge/Taylor & Francis Ltd.
Clinical Work with Substance-abusing Clients	S.L.A. Straussner	Guilford Press
Communities & Identities	S.S. Jodhka	Sage Publications (India) Ltd.
Community Development in Asia & the Pacific	Manohar S. Pawar	Routledge/Taylor & Francis Ltd.
Creativity, Spirituality, & Mental Health: Exploring Connections	Kelley Raab Mayo	Routledge
Criminological Theories: Bridging the Past to the Future	Suzette Cote	Sage Publication Inc.
Criminological Theory: Context & Consequences, 3rd Edition	J. Robert Lilly, Francis T. Cullen, Richard Bell	Sage Publication Inc.
Criminological Theory: Traditional & Non-traditional Voices & Themes	Imogene Moyer	Sage Publication Inc.
Cultural Studies- The Basics	Jeff Lewis	Sage Publication Inc.
Culture, Socialization & Human Development: Theory, Research & Application in India	T.S. Saraswathi	Sage Publications (India) Ltd.
Development & Social Change: A Global Perspective: 4th Edition	P. McMichael	Sage Publications Inc.
Direct Social Work Practice: Theory & Skills	Dean H. Hepworth, Ronald H. Rooney, Glenda Dewberry Rooney, Kim Strom-Gottfried	Cengage Learning, Boston
Disability & Social Work Education: Practice & Policy Issues	F.K.O. Yuen, C.B. Cohen, K. Tower	Routledge/Taylor & Francis Ltd.

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The Strengths Model: A Recovery-Oriented Approach to Mental Health Services	Charles Rapp & Richard J. Goscha	Oxford University Press
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Journals - Sociology/ Social Work/Psychiatric Social Work/Social Sciences		
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Administration in Social Work	Taylor & Francis	
Adoption & Fostering	Sage Publications Inc.	
American Journal of Family Therapy	Brunner - Routledge (USA)	
American Journal of Family Therapy [Formerly known as International Journal of Family Counseling (1977 - 1978) & Journal of Family Counseling (1973 - 1976)]	Taylor & Francis	
American Sociologist	Transaction Periodicals Consortium	
Annals of the American Academy of Political & Social Science	Sage Publications Inc.	
Asian Social Work & Policy Review	Blackwell Publishing Asia Pvt.Ltd.	
British Journal of Criminology	Oxford University Press	
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British Journal of Sociology	Wiley on behalf of London School of Economics & Political Science (LSE)	
Child & Adolescent Social Work Journal	Springer USA	
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Child Abuse & Neglect	Elsevier	
Child Maltreatment	Sage Publications Inc.	
Children & Schools	National Association of Social Workers (NASW) & Oxford University Press	

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Hong Kong Journal of Social Work	Hong Kong Social Workers Association
Indian Journal of Social Science Research	Sage Publications India Pvt. Ltd.
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International Annals of Criminology	Cambridge University Press
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Journal of Gerontological Social Work	Taylor & Francis
Journal of Health Economics	Elsevier
Journal of Human Rights & Social Work	Springer
Journal of Interpersonal Violence	Sage Publications Inc.
Journal of Marital & Family Therapy	Wiley on behalf of the American Association for Marriage & Family Therapy

Journal of Marital & Family Therapy	Wiley-Blackwell
Journal of Marriage & Family	Wiley-Blackwell on behalf of National Council on Family Relations (USA)
Journal of Psycho educational Assessment	Sage Publications Inc.
Journal of Social Welfare & Human Rights	American Research Institute for Policy Development
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Journal of Social Work in End-of-Life & Palliative Care	Taylor & Francis
Journal of Sociology & Social Anthropology (JSSA)	Taylor & Francis
Journal of Sociology & Social Welfare	Western Michigan University
Journal of Sociology & Social Work	American Research Institute for Policy Development
Journal of Teaching in Social Work	Taylor & Francis
Journal of Youth & Adolescence	Springer/Plenum Publishers
Journal of Youth Studies	Routledge/Taylor & Francis Ltd.
Marriage & Family Review	Haworth Press Inc.
National Journal of Professional Social Work (NJPSW)	Indian Society of Professional Social Work (ISPSW)
Qualitative Social Work	Sage Publications Inc.
Research in Social Science & Disability	Elsevier
Research in Social Stratification & Mobility	Elsevier
Research on Social Work Practice	Sage Publications Inc.
Small Group Research	Sage Publications Inc.
Social Change	Sage Publications Inc.
Social Issues & Policy Review	Wiley-Blackwell
Social Policy and Administration	Wiley
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Social Science Journal	Elsevier
Social Science Quarterly	Wiley-Blackwell
Social Service Review	The University of Chicago Press
Social Work	National Association of Social Workers (NASW) & Oxford University Press
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Social Work in Public Health (Formerly Journal of Health & Social Policy)	Taylor & Francis
Social Work Research	National Association of Social Workers (NASW) & Oxford University Press
Social Work with Groups	Taylor & Francis
Society & Mental Health	Sage Publications Inc.
Sociological Review	Sage Publications Inc.
Sociology of Religion	Oxford University Press
Symbolic Interaction	Wiley-Blackwell

Books- Psychology and Clinical Psychology : Psychological Testing/ Psychometry

Name of the Book / Title	Author/s	Publisher / Publishing Agency
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Advances in Identity Theory & Research	Peter James Burke, T.J. Owens, R. Serpe, P.A. Thoits, (Eds.)	Springer

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Social Perspectives in Mental Health: Developing Social Models to Understand & Work with Mental Distress	Jerry Tew	Jessica Kingsley Publishers
Social Psychology & Group Dynamics, 2 nd Edition	Kenneth S. Bordens, Irwin A. Horowitz	Lawrence-Erlbaum Associates
Social Psychology, 11th Edition	Robert A Baron, Donn Byrne, Nyla R Branscombe	Dorling Kindersley (India) Pvt. Ltd.
Social Psychology: A General Reader	E. Tory Higgins, Arie W. Kruglanski	Psychology Press
Social Psychology: Handbook of Basic Principles	E. Tory Higgins, Arie W. Kruglanski	Guilford Press
The Art of Conversation: Change Your Life with Confident Communication	Judy Apps	Wiley-Blackwell
The Handbook of Child & Adolescent Clinical Psychology : A Contextual Approach	Alan Carr	Routledge/Taylor & Francis Ltd.
The Handbook of Counseling Psychology	Barbara Douglas, Ray Woolfe Sheelagh Strawbridge, Elaine Kasket, Victoria Galbraith	Sage Publication Inc.
The Inner World: A Psychoanalytic Study Of Childhood and Society in India	SudhirKakar	Oxford University Press
The Interpretation of Dreams: Oxford World's Classics	Sigmund Freud	Oxford University Press
The Nature of Human Intelligence	J.P. Guilford	McGraw-Hill, New York
The Nature of Human Intelligence	Robert J. Sternberg	Cambridge University Press
The Neurobiology of Behaviour: An Introduction	Gordon J. Mogensson	Taylor & Francis
The Oxford Handbook of Acculturation & Health	Seth J. Schwartz, Jennifer Unger	Oxford University Press
The Oxford Handbook of Aphasia & Language Disorders	Anastasia M. Raymer, Leslie J. Gonzalez Rothi	Oxford University Press
The Oxford Handbook of Attention	Anna C. Nobre, Sabine Kastner	Oxford University Press
The Oxford Handbook of Behavioral Emergencies & Crises	Phillip M. Kleespies	Oxford University Press
The Oxford Handbook of Child Psychological Assessment	Donald H. Saklofske, Vicki L. Schwean, Cecil R. Reynolds	Oxford University Press
The Oxford Handbook of Clinical Child & Adolescent Psychology	Thomas H. Ollendick, Susan W. White, Bradley A. White	Oxford University Press
The Oxford Handbook of Clinical Psychology	David H. Barlow, Peter E. Nathan	Oxford University Press
The Oxford Handbook of Cognitive Psychology	Daniel Reisberg	Oxford University Press
The Oxford Handbook of Counseling Psychology	Elizabeth M. Altmaier, Jo-Ida C. Hansen	Oxford University Press
The Oxford Handbook of Culture & Psychology	JaanValsiner	Oxford University Press

The Oxford Handbook of Developmental Psychology, Volume-I & II	Philip David Zelazo	Oxford University Press
The Oxford Handbook of Relationship Science & Couple Interventions	Kieran T. Sullivan & Erika Lawrence	Oxford University Press
The Oxford Handbook of School Psychology	Thomas J. Kehle & Melissa A. Bray	Oxford University Press
The Oxford Handbook of Suicide & Self- Injury	Matthew K. Nock	Oxford University Press
The Psychology of Prosocial Behaviour: Group Processes, Intergroup Relations & Helping	Stefan Stürmer, Mark Snyder	Wiley-Blackwell
The Therapeutic Interview in Mental Health: A Values-Based & Person-Centered Approach	Giovanni Stanghellini	Cambridge University Press
The Therapeutic Relationship in Cognitive-Behavioural Therapy: A Clinician's Guide	Nikolaos Kazantzis, Frank M. Dattilio, and Keith S. Dobson, Judith S. Beck	Guilford Press
The Therapeutic Relationship in Counseling & Psychotherapy	Rosanne Knox, Mick Cooper	Sage Publication Inc.
Theories of Development, 2nd Edition : Contentions, Arguments, Alternatives	Elaine Hartwick, Richard Peet	Guilford Press
Theories of Personality	Richard M. Ryckman	Wadsworth Publishing Co Inc.
Theories of Small Groups: Interdisciplinary Perspectives	Marshall Scott Poole, Andrea B. Hollingshead	Sage Publication Inc.
Therapeutic Communication, 2nd Edition : Knowing What to Say When	Paul L. Wachtel	Guilford Press

Journals- Psychology and Clinical Psychology : Psychological Testing/ Psychometry

Name / Title of the Journal	Publisher / Publishing Agency
Acta Psychologica	Elsevier
American Journal of Community Psychology	Wiley-Blackwell
American Psychologist	American Psychological Association
Annual Review of Clinical Psychology	Annual Reviews Publishers, USA
Annual Review of Psychology	Annual Reviews Publishers, USA
Applied Psychology: Health & Well-Being	Wiley-Blackwell
Archives of Women's Mental Health	Springer/International Association for Women's Mental Health/Marcé Society/North American Society for Psychosocial Obstetrics and Gynecology (NASPOG)
Basic & Applied Social Psychology	Routledge/Taylor & Francis Ltd.
Behavior Analysis: Research & Practice	American Psychological Association
Behaviour Analyst	Springer
Behavioural Medicine	Routledge/Taylor & Francis Ltd.
Brain & Cognition	Academic Press
British Journal of Clinical Psychology	Wiley-Blackwell
British Journal of Guidance & Counselling	Brunner – Routledge (USA)
British Journal of Health Psychology	Wiley-Blackwell
British Journal of Social Psychology	Wiley-Blackwell
Clinical Child Psychology & Psychiatry	Sage Publications Inc.
Clinical Psychological Science	Sage Publications Inc.
Clinical Psychologist	Wiley-Blackwell
Comprehensive Psychology	Sage Publications Inc.
Couple & Family Psychology: Research & Practice	American Psychological Association
Culture & Psychology	Sage Publications Inc.
Developmental Psychology	American Psychological Association
Educational Psychology	Routledge/Taylor & Francis Ltd.
Emotion	American Psychological Association
Evolutionary Psychology	Sage Publications Inc.
Families, Systems & Health	American Psychological Association

Group Processes & Intergroup Relations	Sage Publications Inc.
Health Psychology	American Psychological Association
Indian Journal of Clinical Psychology	Indian Association of Clinical Psychology (IACP)
International Journal of Behavioural Medicine	Springer
International Journal of Culture & Mental Health	Routledge/Taylor & Francis Ltd.
Journal of Abnormal Psychology	American Psychological Association
Journal of Analytical Psychology	Blackwell Publishing Inc.
Journal of Applied Behavior Analysis	Wiley-Blackwell
Journal of Applied Behavioral Science	Sage Periodicals Press
Journal of Applied Psychology	American Psychological Association
Journal of Applied School Psychology	Haworth Press Inc.
Journal of Child Psychology & Psychiatry	Wiley-Blackwell
Journal of Clinical Child & Adolescent Psychology	Routledge/Taylor & Francis Ltd.
Journal of Clinical Psychology	Wiley-Blackwell
Journal of Cognitive Psychology	Routledge/Taylor & Francis Ltd.
Journal of Communication Disorders	Elsevier
Journal of Consulting & Clinical Psychology	American Psychological Association
Journal of Counseling & Development	Wiley-Blackwell
Journal of Counseling Psychology	American Psychological Association
Journal of Couple & Relationship Therapy	Haworth Press Inc.
Journal of Criminal Psychology	Emerald Group Publishing Ltd.
Journal of Cross-Cultural Psychology	Sage Publications Inc.
Journal of Educational Psychology	American Psychological Association
Journal of Emotional & Behavioural Disorders	Sage Publications Inc.
Journal of Experimental Child Psychology	Elsevier
Journal of Experimental Psychology: Learning, Memory & Cognition	American Psychological Association
Journal of Experimental Social Psychology	Academic Press
Journal of Family Psychology	American Psychological Association
Journal of Health & Social Behaviour	Sage Publications Inc.
Journal of Humanistic Psychology	Sage Publications Inc.
Journal of Intellectual Disabilities	Sage Publications Inc.
Journal of Language & Social Psychology	Sage Publications Inc.
Journal of Learning Disabilities	Sage Publications Inc.
Journal of Loss & Trauma	Brunner – Routledge (USA)
Journal of Memory & Language	Academic Press
Journal of Multicultural Counseling & Development	Wiley-Blackwell
Journal of Nonverbal Behaviour	Springer
Journal of Organizational Behaviour	Wiley-Blackwell
Journal of Personality & Social Psychology	American Psychological Association
Journal of Personality Assessment	Routledge/Taylor & Francis Ltd.
Journal of Personality Disorders	Guilford Publications Inc.
Journal of Positive Behaviour Interventions	Sage Publications Inc.
Journal of Psychoeducational Assessment	Sage Publications Inc.
Journal of Social & Clinical Psychology	Guilford Publications Inc.
Journal of Social & Personal Relationships	Sage Publications Inc.
Journal of Spirituality in Mental Health	Haworth Press Inc.
Language & Communication	Pergamon Press Ltd.
Language, Cognition & Neuroscience	Taylor & Francis Ltd.
Legal & Criminological Psychology	Wiley-Blackwell
Motivation & Emotion	Springer/Plenum Publishers
Organizational Psychology Review	Sage Publications Inc.
Personality & Individual Differences	Elsevier/International Society for the Study of Individual Differences

Personality & Social Psychology Bulletin	Sage Publications Inc.
Personality Disorders: Theory, Research & Treatment	American Psychological Association
Psychoanalytic Psychology	American Psychological Association
Psychoanalytic Quarterly	Wiley-Blackwell
Psychoanalytic Review	Guilford Publications Inc.
Psychodynamic Practice	Brunner – Routledge
Psychological Assessment	American Psychological Association
Psychological Services	American Psychological Association
Psychology & Aging	American Psychological Association
Psychology of Addictive Behaviours	American Psychological Association
Psychology of Music	Sage Publications Inc.
Psychology of Religion & Spirituality	American Psychological Association
Quarterly Journal of Experimental Psychology	Sage Publications Inc.
Rehabilitation Counseling Bulletin	Sage Publications Inc.
Research in Human Development	Routledge/ Taylor & Francis Ltd.
Research on Ageing	Sage Publications Inc.
Social Behaviour & Personality	Scientific Journal Publishers Limited
Social Cognition	Guilford Publications Inc.
Social Psychological & Personality Science	Sage Publications Inc.
Society & Mental Health	Sage Publications Inc.
Stress & Health	Wiley-Blackwell
The Counseling Psychologist	Sage Publications Inc.
Transactional Analysis Journal	Sage Publications Inc.
Work & Stress	Taylor & Francis Ltd.

Books- Counseling and Psychotherapy

Name / Title of the Book	Author/s	Publisher / Publishing Agency
A Guide for Medical Trainees	Antoine Douaihy, Thomas M. Kelly, Melanie A. Gold	Oxford University Press
A Textbook in Analytic Group Psychotherapy	Samuel R. Slavson	Intl Universities Pr Inc.
An Introduction to Counseling & Psychotherapy: From Theory to Practice, 2 nd Edition	Andrew Reeves	Sage Publications Inc.
An Introduction to the Psychotherapies, 4 th Edition	Sidney Bloch	Oxford University Press
Assessment, Treatment & Prevention of Suicidal Behaviour	Robert I. Yufit, David Lester	Wiley
Basic Counseling Skills: A Helper's Manual, Third Edition	Richard Nelson-Jones	Sage Publications Inc.
Basic Family Therapy, 5 th Edition	Phillip Barker	Wiley-Blackwell
Basics of Psychotherapy	Richard B. Makover	American Psychiatric Association
Boundaries & Boundary Violations in Psychoanalysis, 2nd Edition	Glen O. Gabbard	American Psychiatric Association
Brief Cognitive Behaviour Therapy, 2nd Edition	Berni Curwen, Stephen Palmer, Peter Ruddell	Sage Publications Inc.
Brief Psychoanalytic Therapy	R. Peter Hobson	Oxford University Press
Casebook of Marital Therapy	Alan S. Gurman	Guilford Press
CBT for Depression: An Integrated Approach	Stephen Barton, Peter Armstrong	Sage Publications Inc.
CBT Values & Ethics	David Kingdon, Nick Maguire, Dzintra Sta Imeisters, Michael Townend	Sage Publications Inc.
Chemical Dependency Counseling: A Practical Guide, 3 rd Edition	R.R. Perkinson	Sage Publications Inc.

Child & Adolescent Anxiety Psychodynamic Psychotherapy: A Treatment Manual	Sabina E. Preter, Theodore Shapiro, Barbara Milrod	Oxford University Press
Clinical Casebook of Couple Therapy	Alan S. Gurman	Guilford Press
Clinical Handbook of Couple Therapy, 5 th Edition	Alan S. Gurman	Guilford Press
Clinical Manual of Supportive Psychotherapy	Peter N. Novalis, Stephen J. Rojcewicz, Roger Peele	American Psychiatric Association
Clinical Perspectives on Psychotherapy Supervision	Stanley E. Greben, Ronald Ruskin	American Psychiatric Association
Cognitive Behaviour Therapy for Obsessive-compulsive Disorder	Victoria Bream, Fiona Challacombe, Asmita Palme Paul Salkovskis	Oxford University Press
Cognitive Behaviour Therapy, 2nd Edition : Basics & Beyond 2nd Edition	Judith S. Beck, Aaron T. Beck	Guilford Press
Cognitive Behaviour Therapy: Foundations for Practice	Diana Sanders & Frank Wills	Sage Publications Inc.
Cognitive Remediation to Improve Functional Outcomes	Alice Medalia, Christopher R. Bowie	Oxford University Press
Cognitive-Behaviour Therapy for Severe Mental Illness	Jesse H. Wright, Douglas Turkington, David G. Kingdon, Monica Ramirez Basco	American Psychiatric Association
Competency in Combining Pharmacotherapy & Psychotherapy, 2nd Edition	Michelle B. Riba Richard Balon, Laura Weiss Roberts	American Psychiatric Association
Comprehensive Group Psychotherapy	Harold I. Kaplan, Benjamin J. Sadock	Williams & Wilkins
Comprehensive Textbook of Psychotherapy: Theory & Practice, 2nd Edition	Andrés J. Consoli, Larry E. Beutler, Bruce Bongar	Oxford University Press
Concise Guide to Brief Dynamic & Interpersonal Therapy, 2 nd Edition	Hanna Levenson, Stephen F. Butler, Theodore A. Powers, Bernard D. Beitman	American Psychiatric Association
Concise Guide to Brief Dynamic & Interpersonal Therapy, 2 nd Edition	Hanna Levenson, Stephen F. Butler, Theodore A. Powers, Bernard D. Beitman	American Psychiatric Association
Concise Guide to Group Psychotherapy	Sophia Vinogradov, Irvin Yalom	American Psychiatric Association
Counseling Children In Groups; A Forum	Merle M. Ohlsen	Holt McDougal
Counseling the Culturally Diverse: Theory & Practice, 5th Edition	Derald Wing Sue, David Sue	Wiley
Counseling Children: A Practical Introduction, Fifth Edition	Kathryn Geldard, David Geldard, Rebecca Yin Foo	Sage Publications Inc.
Counseling Skills & Studies, 2nd Edition	Fiona Ballantine Dykes, Traci Postings, Barry Kopp, Anthony Crouch	Sage Publications Inc.
Counseling Young People: A Practitioner Manual	Rebecca Kirkbride	Sage Publications Inc.
Couple Power Therapy: Building Commitment, Cooperation, & Community in Relationships	Peter L. Sheras, Phyllis R. Koch-Sheras	American Psychological Association
Couple Therapy: A New Hope-Focused Approach	Jennifer S. Ripley, Everett L. Worthington Jr.	IVP Academic
Couples Coping with Stress: Emerging Perspectives on Dyadic Coping	Tracey A. Revenson, Karen Kayser, Guy Bodenmann	American Psychological Association
Creative Family Therapy Techniques: Play, Art, & Expressive Activities to Engage Children in Family Sessions	Liana Lowenstein	Champion Pr.

Crisis Intervention: A Practical Guide	Alan A. Cavaola, Joseph E. Colford	Sage Publications Inc.
Culturally Responsive Cognitive-behavioural Therapy: Assessment, Practice, & Supervision	Pamela A. Hays, Gayle Iwamasa	American Psychological Association
Emotion Regulation & Psychopathology in Children & Adolescents	Cecilia A. Essau, Sara S. LeBlanc, Thomas H. Ollendick	Oxford University Press
Enhanced Cognitive-behavioural Therapy for Couples: A Contextual Approach	Norman Epstein, Donald H. Baucom	American Psychological Association
Essential Psychotherapies, 3rd Edition : Theory & Practice	Stanley B. Messer, Alan S. Gurman	Guilford Press
Ethnicity & Family Therapy, 3 rd Edition	Monica McGoldrick, Joe Giordano, Nydia Garcia-Preto	Guilford Press
Families & Family Therapy	Salvador Minuchin	American Psychological Association/Harvard University Press
Family Resource Management, 3rd Edition	Tami James Moore, Sylvia M. Asay	Sage Publications Inc.
Family Therapy In Clinical Practice	Murray Bowen	J. Aronson
Family Therapy: Concepts & Methods (11th Edition)	Michael P. Nichols, Sean Davis	Pearson
Formulation as a Basis for Planning Psychotherapy Treatment	Mardi J. Horowitz	American Psychiatric Association
Grief Counseling& Grief Therapy, 5th Edition : A Handbook for the Mental Health Practitioner,5 th Edition	J. William Worden	Springer Publishing Company
Group Counseling	Merle M. Ohlsen	Holt McDougal
Group Leadership Skills: Interpersonal Process in Group Counseling& Therapy, 2nd Edition	Mei-wei Chen, Christopher Rybak	Sage Publications Inc.
Group Therapy in Clinical Practice	Anne Alonso, Hillel I. Swiller	American Psychiatric Association
Handbook of Clinical Family Therapy	Jay L. Lebow	Wiley
Handbook of Couples Therapy	Michele Harway	Wiley
Handbook of Dynamic Psychotherapy for Higher Level Personality Pathology	Eve Caligor, Otto F. Kernberg, John F. Clarkin	American Psychiatric Association
Handbook of Family Therapy	Alan S. Gurman, David P. Kniskern	Routledge/Taylor & Francis
Handbook of Family Therapy	Thomas L. Sexton, Jay Lebow	Routledge/Taylor & Francis
Handbook of Integrated Short-Term Psychotherapy	Arnold Winston, Beverly Winston	American Psychiatric Association
Handbook of Mentalizing in Mental Health Practice	Anthony W. Bateman, Peter Fonagy	American Psychiatric Association
Handbook of Neurologic Music Therapy	Michael H. Thaut, Volker Hoemberg	Oxford University Press
Inpatient Group Psychotherapy	Irvin D. Yalom	Basic Books
Integrating Traditional Healing Practices in to Counseling & Psychotherapy	R. Moodley	Sage Publications Inc.
Internal Family Systems Skills Training Manual: Trauma-Informed Treatment for Anxiety, Depression, PTSD & Substance Abuse	Frank Anderson, Richard Schwartz, Martha Sweezy	PESI Publishing & Media
Internal Family Systems Therapy: The Guilford Family Therapy Series	Richard C. Schwartz	Guilford Press
Introduction to Group Therapy: A Practical Guide	Scott Simon Fehr	Routledge/Taylor & Francis
Introduction to Time-Limited Group Psychotherapy	K. Roy MacKenzie	American Psychiatric

		Association
Invisible Loyalties: Reciprocity in Intergenerational Family Therapy	Ivan Boszormenyi-Nagy, Geraldine M. Spark	Brunner/Mazel
Key Concepts in Mental Health, 4 th Edition	David Pilgrim	Sage Publications Inc.
Learning Cognitive-Behaviour Therapy, 2 nd Edition	Jesse H. Wright, Gregory K. Brown, Michael E. Thase, Monica Ramirez Basco	American Psychiatric Association
Learning Cognitive-behaviour Therapy: An Illustrated Guide - Core Competencies in Psychotherapy	Jesse H Wright, Gregory K Brown, Michael E Thase, Monica Ramirez Basco, Glen O Gabbard	American Psychiatric Association
Learning Solution-Focused Therapy	Anne Bodmer Lutz	American Psychiatric Association
Learning Supportive Psychotherapy	Arnold Winston, Richard N. Rosenthal, Henry Pinsker	American Psychiatric Association
Long-Term Psychodynamic Psychotherapy, 3 rd Edition	Glen O. Gabbard	American Psychiatric Association
Low Intensity Cognitive Behaviour Therapy: A Practitioner's Guide, 2nd Edition	Mark Papworth, Theresa Marrinan	Sage Publications Inc.
Management of Alcohol & Drug Problems	Gary Hulse, Jason White, Gavin Cape	Oxford University Press
Manual for Theory & Practice of Group Counseling	Gerald Corey	Cengage Learning
Motivational Interviewing		
Motivational Interviewing in Health Care: Helping Patients Change Behaviour (Applications of Motivational Interviewing)	Stephen Rollnick, William R. Miller, Christopher C. Butler	Guilford Press
New Applications of Interpersonal Psychotherapy	Gerald L. Klerman, Myrna M. Weissman	American Psychiatric Association
Oxford Textbook of Psychotherapy	Glen O. Gabbard, Judith S. Beck, Jeremy Holmes	Oxford University Press
Parenting & Substance Abuse: Developmental Approaches to Intervention	Nancy E. Suchman, MarjukkaPajulo, Linda C. Maye	Oxford University Press
Principles of Counseling & Psychotherapy: Learning the Essential Domains & Nonlinear Thinking of Master Practitioners	Gerald J. Mozdierz, Paul R. Peluso, Joseph Lisiecki	Routledge/Taylor & Francis
Principles of Trauma Therapy: A Guide	John N. Briere, Catherine Scott	Sage Publications Inc.
Professional Practice in Counseling & Psychotherapy: Ethics & the Law	Peter Jenkins	Sage Publications Inc.
Psychiatry, Psychoanalysis, & the New Biology of Mind	Eric R. Kandel	American Psychiatric Association
Psychodynamic Concepts in General Psychiatry	Harvey J. Schwartz, Efrain Bleiberg, Sidney H. Weissman	American Psychiatric Association
Psychodynamic Counseling in Action, 5th Edition	Michael Jacobs	Sage Publications Inc.
Psychodynamic Group Psychotherapy	J. Rutan & Walter N. Stone	Guilford Publications
Psychodynamic Psychiatry in Clinical Practice, Fifth Edition	Glen O. Gabbard	American Psychiatric Association
Psychodynamic Psychotherapy for Personality Disorders	John F. Clarkin, Peter Fonagy, Glen O. Gabbard	American Psychiatric Association
Psychodynamic Therapy for Personality Pathology Treating Self & Interpersonal Functioning	Eve Caligor, Otto F. Kernberg, John F. Clarkin, Frank E. Yeomans	American Psychiatric Association

Psychosocial Care of Cancer Survivors: A Clinician's Guide & Workbook for Providing Wholehearted Care	Cheryl Krauter	Oxford University Press
Psychotherapy for the Treatment of Substance Abuse	Marc Galanter, Herbert D. Kleber	American Psychiatric Association
Psychotherapy in An Age of Neuroscience	Joel Paris	Oxford University Press
Psychotherapy Is Worth It	Susan G. Lazar	American Psychiatric Association
Psychotherapy: A Very Short Introduction	Tom Burns, Eva Burns-Lundgren	Oxford University Press
Restoring Mentalizing in Attachment Relationships	Jon G. Allen	American Psychiatric Association
Self-Therapy: A Step-By-Step Guide to Creating Wholeness & Healing Your Inner Child Using IFS, A New, Cutting-Edge Psychotherapy, 2 nd Edition	Jay Earley	Pattern System Books
Skills in Gestalt Counseling & Psychotherapy 4 th Edition (Revised & Updated Edition)	Phil Joyce, Charlotte Sills	Sage Publications Inc.
Specialty Competencies in Cognitive & Behavioral Psychology	Christine MaguthNezu, Christopher R. Martell, Arthur M. Nezu	Oxford University Press
Textbook of Psychoanalysis, 2 nd Edition	Glen O. Gabbard, Bonnie E. Litowitz, Paul Williams	American Psychiatric Association
Textbook of Psychotherapeutic Treatments	Glen O. Gabbard	American Psychiatric Association
The Art & Science of Brief Psychotherapies, 3rd Edition	Mantosh J. Dewan Brett N. Steenbarger Roger P. Greenberg	American Psychiatric Association
The Essential Guide to Group Practice in Mental Health: Clinical, Legal, & Financial Fundamentals	Simon H. Budman, Brett N. Steenbarger	Guilford Press
The Expanded Dialectical Behaviour Therapy Skills Training Manual: DBT for Self-Help & Individual & Group Treatment Settings, 2 nd Edition	Lane Pederson, Cortney Pederson	PESI Publishing & Media
The Family Crucible: The Intense Experience of Family Therapy	Augustus Y. Napier, Carl Whitaker	Harper & Row
The Gift of Therapy: An Open Letter to a New Generation of Therapists & Their Patients	Irvin D. Yalom	Harper Perennial
The Group Therapy Experience: From Theory To Practice	Louis Ormont	St. Martin's Press
The Healing Virtues: Character Ethics in Psychotherapy	Duff R. Waring	Oxford University Press
The Oxford Handbook of Dialectical Behaviour Therapy	Michaela A. Swales	Oxford University Press
The Practice of Group Therapy	Samuel R. Slavson	Read Books
The SAGE Handbook of Counseling & Psychotherapy, 4 th Edition	Colin Feltham, Terry Hanley, Laura Anne Winter	Sage Publications Inc.
The Technique of Psychotherapy, Volumes I & II	Lewis R. Wolberg	Jason Aronson, Inc.
The Theory & Practice of Group Psychotherapy, 4 th Edition	Irvin D. Yalom	Basic Books
The Therapeutic Relationship in Cognitive Behavioural Therapy	Stirling Moorey, Anna Lavender	Sage Publications Inc.
Theories & Applications of Counseling & Psychotherapy: Relevance Across Cultures & Settings	Earl J. Ginter, Gargi Roysircar, Lawrence H. Gerstein	Sage Publications Inc.
Theory & Practice of Brief Therapy	Simon H. Budman, Alan S. Gurman	Guilford Press
Theory & Practice of Counseling & Therapy: 5 th	Richard Nelson-Jones	Sage Publications Inc.

Edition		
Time-Managed Group Psychotherapy	K. Roy MacKenzie	American Psychiatric Association
Trance & Treatment, 2 nd Edition	Herbert Spiegel, David Spiegel	American Psychiatric Association
Treating Difficult Couples: Helping Clients with Coexisting Mental & Relationship Disorders	Douglas K. Snyder, Mark A. Whisman	Guilford Press
Treatment Planning for Psychotherapists, 3 rd Edition	Richard B. Makover	American Psychiatric Association
Working with Goals in Psychotherapy & Counseling	Mick Cooper, Duncan Law	Oxford University Press

Journals : Counseling and Psychotherapy

Name/ Title of the Journal	Publisher / Publishing Agency
American Journal of Family Therapy [Formerly known as International Journal of Family Counseling (1977 - 1978) Journal of Family Counseling (1973 - 1976)]	Taylor & Francis
American Journal of Psychoanalysis	Springer/Association for the Advancement of Psychoanalysis (USA)
American Journal of Psychotherapy	Association for the Advancement of Psychotherapy
Applied Psychophysiology & Biofeedback	Springer/Association for Applied Psychophysiology & Biofeedback (AAPB)
Australian & New Zealand Journal of Family Therapy	Wiley/ Australian Association of Family Therapy (AAFT)
Behaviour Analysis: Research & Practice	American Psychological Association
Behaviour Modification (Formerly Behaviour Modification Quarterly)	Sage Publications Inc.
Behaviour Research & Therapy	Elsevier
British Journal of Psychotherapy	Wiley/British Psychotherapy Foundation
Clinical Case Studies	Sage Publications Inc.
Clinical Practice in Paediatric Psychology	American Psychological Association
Clinical Psychology & Psychotherapy	Wiley
Contemporary Family Therapy	Springer
European Journal of Psychotherapy & Counseling	Taylor & Francis
Group Analysis	Sage Publications Inc./ The Group Analytic Society International
International Journal for the Advancement of Counseling	Springer/International Association for Counseling
International Journal of Group Psychotherapy	Taylor & Francis
International Journal of Narrative Therapy & Community Work	Dulwich Centre
International Journal of Psychoanalysis	Taylor & Francis
International Journal of Stress Management	American Psychological Association
Journal for Specialists in Group Work	Taylor & Francis
Journal of Child & Adolescent Group Therapy	Springer
Journal of Child Psychotherapy	Taylor & Francis
Journal of Cognitive Psychotherapy	Springer
Journal of Consulting & Clinical Psychology	American Psychological Association
Journal of Contemporary Psychotherapy	Springer
Journal of Counseling & Development	Wiley-Blackwell
Journal of Counseling Psychology	American Psychological Association
Journal of Family Therapy	Wiley-Blackwell/ Association of Family Therapy & Systematic Practice
Journal of Feminist Family Therapy	Taylor & Francis
Journal of Infant, Child & Adolescent Psychotherapy	Taylor & Francis
Journal of Marriage & Family Therapy	Wiley-Blackwell/American Association for Marriage & Family Therapy
Journal of Personality & Social Psychology	American Psychological Association

Journal of Positive Behaviour Interventions	Sage Publications Inc.	
Journal of Psychotherapy Integration	American Psychological Association/Society for the Exploration of Psychotherapy Integration	
Journal of Sex & Marital Therapy	Taylor & Francis	
Psychoanalytic Psychotherapy	Taylor & Francis	
Psychotherapy	American Psychological Association	
Psychotherapy & Psychosomatics	Karger Publishers	
Psychotherapy Research	Taylor & Francis	
The Family Journal (TFJ)	Sage Publications Inc./ International Association of Marriage & Family Counselors	
Books : Mental Health ; Psychopathology , Psychiatry, Rehabilitation		
Name / Title of the Book	Author/s	Publisher / Publishing Agency
A Companion to the Classification of Mental Disorders	John E. Cooper, Norman Sartorius	Oxford University Press
A Handbook on Drug & Alcohol Abuse: The Biomedical Aspects, 4th Edition	Gail Winger, James H Woods, Frederick Hofmann	Oxford University Press
Addictions: A Comprehensive Guidebook, 2nd Edition	Barbara S. McCrady, Elizabeth E. Epstein	Oxford University Press
Adherence to Mental Health Treatment	Peter F. Buckley, Adriana E. Foster, Nick C. Patel, Anastasia Wermert	Oxford University Press
Adversity, Stress & Psychopathology	Bruce P. Dohrenwend	Oxford University Press
Ageing: A Very Short Introduction	Nancy A. Pachana	Oxford University Press
An Insight Into Dementia Care In India	Leena Mary Emmatty	Sage Publication (India) Ltd.
Anxiety Disorders	Kerry J. Ressler, Daniel S. Pine, Barbara OlasovRothbaum	Oxford University Press
Autism Spectrum Disorders	Eric Hollander, Randi Hagerman, Deborah Fein	American Psychiatric Association
Chemical Dependency Counseling: A Practical Guide, 3 rd Edition	Robert R. Perkinson	Sage Publication Inc.
Child Psychology and Psychiatry: Frameworks for Clinical Training & Practice, 3rd Edition	David Skuse, Helen Bruce, Linda Dowdney	Wiley-Blackwell
Children With Developmental Disabilities: A Training Guide for Parents, Teachers & Caregivers	S. Venkatesan	Sage Publication (India) Ltd.
Companion to Psychiatric Studies	Eve C. Johnstone	Churchill Livingstone
Comprehensive Textbook of Psychiatry, Vol-I & II	Benjamin J. Sadock , Virginia A. Sadock , Pedro Ruiz	Lippincott Williams & Wilkins/Wolters Kluwer
Concise Textbook of Psychiatry	J.N. Vyas, G. Prasad Rao, SarojOjha, Christoday RJ Khes, JayatiSimlai, Nilesh Shah, Anoop Krishna Gupta, UtkarshKarki, Neena Bohra	Paras Medical Publishers
Culture & Mental Health: Socio-Cultural Influences, Theory, & Practice	SussieEshun,Regan A.R. Gurung	Wiley-Blackwell
Diagnostic & Statistical Manual of Mental Disorders -DSM-5 : 5 th Edition	Americal Psychiatric Association	American Psychiatric Publication
Essentials of Psychiatry, 3 rd Edition	Robert E. Hales, Stuart C. Yudofsky, Glen O. Gabbard	American Psychiatric Publication
Fish's Clinical Psychopathology: Signs & Symptoms in Psychiatry	Frank James Fish, Patricia R. Casey, Brendan Kelly	RC Psych Publications
Fish's Schizophrenia , 3 rd Edition	Frank James Fish, Max Hamilton	Wright-PSG

Fundamentals of Psychiatry	Allan Tasman, Wanda K. Mohr	Wiley-Blackwell
Meeting The Mental Health Needs Of Developing Countries: NGO Innovations in India	Vikram Patel, R Thara	Sage Publication (India) Ltd.
Mental Health Of Indian Women: A Feminist Agenda	Bhargavi V. Davar	Sage Publication (India) Ltd.
Neurological Disabilities: Assessment & Treatment	S.E. Bennett, J.L. Karnes	Lippincott Williams & Wilkins/ Wolters Kluwer
Neuroscience & Social Work Practice: The Missing Link	R.L.Farmer	Sage Publication Inc.
New Oxford Textbook of Psychiatry	Michael Gelder, Nancy Andreasen, Juan Lopez-Ibor, & John Geddes	Oxford University Press
Oxford Textbook of Community Mental Health	Graham Thornicroft, George Szmukler, Kim T Mueser, Robert E. Drake	Oxford University Press
Oxford Textbook of Suicidology & Suicide Prevention	Danuta Wasserman, Camilla Wasserman	Oxford University Press
Oxford Textbook of Women & Mental Health	Dora Kohen	Oxford University Press
Oxford Textbook of Women & Mental Health	Dora Kohen	Oxford University Press
Primary care of the child with a chronic condition	P. Allen, J. Vessey	Mosby
Psychiatry, 3rd Edition	Allan Tasman, Jerald Kay, Jeffrey A. Lieberman, Michael B. First, Mario Maj	Oxford University Press
Rutter's Child & Adolescent Psychiatry, 6 th Edition	Anita Thapar, Daniel S. Pine, James F. Leckman, Stephen Scott, Margaret J. Snowling, Eric Taylor	Wiley
Shorter Oxford Textbook of Psychiatry	Paul Harrison, Philip Cowen, Tom Burns, Mina Fazel	Oxford University Press
Sims' Symptoms in the Mind : Textbook of Descriptive Psychopathology, 5th Edition	Femi Oyebode	Elsevier
Stahl's Essential Psychopharmacology: Neuroscientific Basis & Practical Applications	Stephen M. Stahl	Cambridge University Press
Study Guide to Child & Adolescent Psychiatry	Philip R. Muskin, Anna L. Dickerman, Oliver M. Stroeh	American Psychiatric Publication
Study Guide to Geriatric Psychiatry	Philip R. Dickerman	American Psychiatric Publication
Study Guide to Personality Disorders	Philip R. Muskin	American Psychiatric Publication
Synopsis of Psychiatry, Eleventh Edition	Benjamin J. Sadock , Virginia A. Sadock , Pedro Ruiz	Lippincott Williams & Wilkins/Wolters Kluwer
Textbook of Descriptive Psychopathology	Christoday RJ Khees, Jayati Simlai JayatiSimlai	Paras Medical Publishers
The American Psychiatric Association Publishing Textbook of Neuropsychiatry & Clinical Neurosciences, 6th Edition	David B. Arciniegas, Stuart C. Yudofsky, Robert E. Hales	American Psychiatric Publication
The American Psychiatric Publishing Textbook of Psychiatry, 6th Edition	Robert E. Hales, Stuart C. Yudofsky, Laura Weiss Roberts	American Psychiatric Publication
The ICD-10 Classification Of Mental & Behavioural Disorders: Clinical Descriptions & Diagnostic Guidelines	World Health Organization	WHO Press
Journals : Mental Health ; Psychopathology , Psychiatry, Rehabilitation		

Name / Title of the Journal	Publisher / Publishing Agency	
Acta Psychiatrica Scandinavica	Wiley-Blackwell	
American Journal of Psychiatry	American Psychiatric Association	
Australia and New Zealand Journal of Psychiatry	Sage Publication Inc./The Royal Australian and New Zealand College of Psychiatrists	
Biological Psychiatry	Elsevier	
BMC Psychiatry	BMC	
British Journal of Psychiatry	Royal College of Psychiatrists	
Community Mental Health Journal	Springer	
Culture, Medicine & Psychiatry	Springer	
Epilepsia	Wiley	
Epilepsy & Behaviour	Elsevier	
Indian Journal of Psychiatry	Indian Psychiatric Society	
Indian Journal of Psychological Medicine	Indian Psychiatric Society/South Zone	
Indian Journal of Social Psychiatry	Indian Psychiatric Society	
International Journal of Social Psychiatry	Sage Publication Inc.	
JAMA Psychiatry	American Medical Association	
Journal of Affective Disorder	Elsevier	
Journal of American Academy of Child & Adolescent Psychiatry (JAACAP)	American Academy of Child & Adolescent Psychiatry	
Journal of Anxiety Disorder	Elsevier	
Journal of Clinical Psychiatry	American Society of Clinical Psychopharmacology	
Journal of Nervous & Mental Disease	Lippincott Williams and Wilkins.	
Journal of Psychosomatic Research	Elsevier	
Psychiatric Services	American Psychiatric Association	
Psychiatry Research	Elsevier	
Psychological Medicine	Cambridge University Press	
Psychosomatic Medicine	Lippincott Williams & Wilkins/ Wolters Kluwer	
Schizophrenia Bulletin	Oxford University Press	
Schizophrenia Research	Elsevier	
Social Psychiatry & Psychiatric Epidemiology	Springer	
Trans cultural Psychiatry	Sage Publication Inc.	
Psychiatric Clinics of North America	Elsevier	
Child & Adolescent Psychiatric Clinics	Elsevier	
European Psychiatry	Elsevier	
World Psychiatry	Wiley	
Brain & Behaviour	Wiley	
Evidenced Based Mental Health	BMJ Group/Royal College of Psychiatrists/British Psychological Society	
Comprehensive Psychiatry	Elsevier	
Alzheimer & Dementia	Elsevier/The Alzheimer's Association (USA)	
Books ; Social Research, Social Work Research, Psychiatric Social Work Research, Statistical Analysis/ Statistics		
Name / Title of the Book	Author/s	Publisher / Publishing Agency
An Introduction to Qualitative Research,4th edition	Uwe Flick	Sage Publication Inc.
Analyzing Qualitative Data, 1st Edition	Graham R. Gibbs	Sage Publication Inc.
Basic of Qualitative Research	J. Corbin, A, Strauss	Sage Publication Inc.
Basic Research Methods: An Entry to Social Science Research	Gerard Guthrie	Sage Publication Inc.
Beginning Behavioural Research: A Conceptual Primer: 7 th Edition	Ralph L. Rosnow, Robert Rosenthal	Prentice Hall, New Jersey
Case Study Research: What, Why & How?	Peter Swanborn	Sage Publication Inc.

Causality in a Social World: Moderation, Mediation & Spill-over	Guanglei Hong	Wiley
Developing Focus Group Research: Politics, Theory & Practice	Jenny Kitzinger, Rosaline Barbour	Sage Publication Inc.
Discovering Statistics Using IBM SPSS Statistics, 4 th Edition	Andy Field	Sage Publication Inc.
Intermediate Statistics: A Conceptual Course	Brett W. Pelham	Sage Publication Inc.
Introducing Research Methodology: A Beginner's Guide to Doing a Research Project, 2 nd Edition	Uwe Flick	Sage Publication Inc.
Introduction to Research, 4 th Edition, Understanding & Applying Multiple Strategies	Elizabeth DePoy, Laura Gitlin	Elsevier
Introduction to the Practice of Statistics, 3 rd Edition	David Moore, George McCabe	W.H. Freeman, New York
Introduction to the Theory of Statistics	Alexander M Mood, Franklin A Graybill, Duane C Boes	McGraw-Hill Education
Qualitative Inquiry & Research Design. Choosing Among Five Approaches. 2 nd Edition	J.W. Creswell.	Sage Publication Inc.
Qualitative Research, 3 rd Edition	David Silverman	Sage Publication Inc.
Reading Statistics & Research;6 th Edition	Schuyler W. Huck	Pearson
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Research Methods for Business & Social Science Students, 2 nd Edition	John Adams, Hafiz T. A. Khan, Robert Raeside	Sage Publication Inc.
Research Methods for Social Work, 8 th Edition- Brooks/Cole Empowerment Series	Allen Rubin, Earl R. Babbie	Cengage Learning India Private Limited
Statistical Methods for Practice & Research: A Guide to Data Analysis Using SPSS, 2nd Edition	Ajai S. Gaur, Sanjaya S. Gaur	Sage Publication (India) Ltd.
Statistical Methods for Psychology: Qualitative Research & Analysis in Psychology, 8 th Edition	David C. Howell	Cengage Learning
Statistics for Research: With a Guide to SPSS, 3 rd Edition	George Argyrous	Sage Publication Inc.
Tests, Measurements & Research Methods in Behavioural Sciences	A.K.Singh	BharatiBhwan, New Delhi
The Essential Guide to Doing Your Research Project, 2 nd Edition	Zina O'Leary	Sage Publication Inc.
Theory & Methods in Social Research, 2 nd Edition	Bridget Somekh, Cathy Lewin	Sage Publication Inc.
Journals ; Social Research, Social Work Research, Psychiatric Social Work Research, Statistical Analysis/ Statistics		
Name / Title of the Journal	Publisher / Publishing Agency	
Social Work Research & Evaluation	Sage Publication Inc.	
Social Work Research	National Association of Social Workers/ Oxford University Press	
Evaluation & Programme Planning	Elsevier	
Research on Social Work Practice	Sage Publication Inc.	
Journal of Social Service Research	Taylor & Francis	
American Statistician	Taylor & Francis/American Statistical Association	
Journal of Applied Statistics	Taylor & Francis	
Statistics & Computing	Springer	
Journal of Educational & Behavioural Statistics (JEBS)	Sage Publication Inc./American Statistical Association	
Evaluation & the Health Professions	Sage Publication Inc.	
American Journal of Evaluation	Sage Publication Inc./American Evaluation Association	
Journal of Epidemiology and Community Health	BMJ Publishing Group Ltd.	