

SAVITRIBAI PHULE PUNE UNIVERSITY, PUNE (Formerly University of Pune, Pune)

T. Y. B. A. Philosophy Syllabus

Semester & Choice Based Credit System (SCBCS) 2019 Pattern

(To be operative from the Academic Year 2021-22)

T.Y.B.A. Philosophy Syllabus

Semester 5&6

Core Course 3 C & 3 D

Syllabus

Class	Semester	CBCS Pattern	Title of the Course	Credits
TYBA	5	3 C (CC 1 C)	Aesthetics and Religious Philosophy	03
TYBA	6	3 D (CC 1 C)	Socio-Political Philosophy	03

Discipline Specific Elective 1C & 1D Course Syllabus

Class	Semester	CBCS Pattern	Title of the Course	Credits
TYBA	5	DSE1 C(3)	Thinkers	03
TYBA	6	DSE 1 D(3)	Textual Studies	03

Discipline Specific Elective 2C & 2D Course

Class	Semester	CBCS Pattern	Title of the Course	Credits
TYBA	5	DSE 2 C(3)	Thinkers and Textual Studies	03
			(Indian):Thinkers	
TYBA	6	DSE 2 D(3)	Thinkers and Textual Studies	03
			(Indian):Textual Studies	

Skill Enhancement Course 2C & 2D Course

Class	Semester	CBCS Pattern	Title of the Course	Credits
TYBA	5	SEC 2 C	Course on Social Science Research	02
			Methodology: Theory and practice	
			of dissertation writing	
TYBA	6	SEC 2 D	Course on Yoga and Vipassana:	02
			Way of good life	

T.Y.B.A. Philosophy Syllabus

Semester 5&6

Core Course 3 C & 3 D Syllabus

Class	Semester	CBCS Pattern	Title of the Course	Credits
TYBA	5	3 C (CC 1 C)	Aesthetics and Religious Philosophy	03
TYBA	6	3 D (CC 1 C)	Socio-Political Philosophy	03

T.Y.B.A. Aesthetics and Religious Philosophy Semester- 5

Core Course 3 C (CC 1 C) Syllabus Operative From 2021-22

Semester 5: Aesthetics and Religious Philosophy

Objectives:

- 1. To introduce the students with theories and problems in realm with Aesthetics and Religious Philosophy.
- 2. To acquaint the students with rich Aesthetics and Religious Philosophical heritage,
- 3. To familiar to the students with various views and perspectives of various thinkers.
- 4. The approximate duration of each credit is 15 lectures.

Outcomes:

- 1. To attract the attention of the students to words great heritage of Beauty, Art and Religion.
- 2. Aim to prepare eminent personality, thinkers, artist and devotee of religion.

Credit: - 1

- 1. **Aesthetics as a branch of Philosophy**: Definition, Nature and Scope.
- 2. Main Concepts in Aesthetics Philosophy: Beauty, Novelty, and Sublime.
- 3. **Aesthetics Judgements:** Judgement of Agreement, Judgement of Beauty, Judgement of Moral.

Credit: - 2

- 1. **Art:** Meaning, Intention and Purpose.
- 2. **Features of Art:** Medium. Form and Content.
- 3. **Theories of Art:** (a) Art as Imitation- Aristotle (b) Art as Intuition- Croce (c) Art as Communication- Tolstoy
- 4. Introduction to Rasa Theory

Credit: - 3

- 1. Concept of Religion: Definition, Nature and Kinds
- 2. **Religious Problems:** Suffering and Evil
- 3. **Distinction Between:** Religion and Science, Religion and Morality.
- 4. Some issues concerning Religion: Fundamentalism, Terrorism and Secularism.

Books for Reading:

- 1. Oswid Hansfling, Philosophical Aesthetics.
- 2. Carriet, E.F., The Theory of Beauty
- 3. Ghosal S.N., Elements of Indian Aesthetics, Cliauk- hamba. Varanasi, 1986
- 4. Hick John, Philosophy of Religion, Prentice Hall, 1963
- 5. Rolston Holmes- III Science and Religion: A Critical Survey, Harcourt Brace, Custom Publisher,1997
- 6. Ra. Bha. Patankar, Saundryamimamsa.
- 7. DeshpandeGa, Tryam, DharmacheTattvadnyan.
- 8. Dandekar S. V. ,Ishwarvada.
- 9. Patkar Rameshchandra Narayan, kalechaItihas: BhartiyavaPashchatya, Mumbai.
- 10. Mate Ma. Shri.PrachinBharatiya Kala, Pune, 1974.
- 11. Archer W.G., India AND Modern Art, London, 1959.

T. Y. B. A. Socio-Political Philosophy

Semester- 6

Core Course 3 D (CC 1 D)

Syllabus

Operative From 2021-22

Semester: 6 Socio-Political Philosophy

Objectives:

- 1. To introduce to the students Social and Political Philosophy as a branch of Philosophy.
- 2. To aware the students with Socio-Political theories and Perspectives of such a discourse.
- 3. To acquaint the students with issues and problem solving methods in such a realms.

Outcomes:

- 1. To educate the students how to study and find the remedies on socio-Political issues with the help of Philosophizing.
- 2. To prepare leadership of Philosopher king through syllabic conversation.

Credit: 1

- 1. **Concept of Social Philosophy:** Definition, Meaning, Nature and Scope.
- 2. **Relation of Social Philosophy to other Disciplines:** (a) Sociology (b Politics (c) Ethics
- 3. **Concept of Political Philosophy:** Definition, Meaning, Nature and Scope.
- 4. **Relation of Political Philosophy to other Disciplines:**(a) Politics (b) Economics (c) Ethics.

Credit: 2

Theories of Social Philosophy:

- a. Liberalism: Introduction and Mill's Principles of Liberty and Rights.
- b. **Marxism:** Introduction and Marx's theory of historical materialism and class-conflicts.
- c. Feminism: Introduction, Types of Feminism: 1) Liberal 2) Marxist
 - 3) Radical

Credit: 3

Thinkers of Political Philosophy:

- a. M. G. Ranade- Liberalism, Concept of Providence.
- b. M. K. Gandhi Truth, Non-violence, Satyagraha.
- c. B. R. Ambedkar- Liberty, Equality, Fraternity, Annihilation of cast, Democracy.

Books for Reference:

- 1. Social Philosophy, Ajit Kumar Singh
- 2. Social and Political Philosophy N.V. Joshi
- 3. Outlines of Social Philosophy- T. S. Mackenzie
- 4. Problems of Political Philosophy- D.D. Rafael
- 5. Raut Ledge Encyclopedia of Philosophy
- 6. Encyclopedia of Britannica
- 7. Heywood Andrelis, Political Ideologies, 1962
- 8. Bhaskar, L. Bhole, RajkiyaVicharvanta
- 9. Fricker Miranda and Hornsby Jennifer, The Cambridge Companion to feminism in Philosophy, Cambridge, 2004
- 10. Willy Kymilca, Contemporary Political Philosophy (2nd Edition) Oxford University Press, 2002
- 11. Genevieve Lloyd, Feminism and History of Philosophy, Oxford University Press
- 12. Mahadevan T.M.P., & Saroja C.V., Contemporary Indian Philosophy, Madras, 1985
- 13.LalBasant Kumar, Contemporary Indian Philosophy, Delhi, 1999
- 14. Naravane V.S., Modern Indian Thought, Bombay, 1964
- 15. Roy Beney Gopal, Contemporary Indian Philosophy, Allahabad, 1957
- 16. Gandhi M.K., Sarvodaya, Navajivan, Ahmedabad, 1957
- 17. Ambedkar B.R., Annihilation of Caste, BheemPatrika Publication, Jullundur, 1975
- 18.Dr.BabasahebAmbedkar Writings and Speeches, Education Department, Govt. of Maharashtra, Bombay, 1979-92 (Relevant Sections Only)

T. Y. B. A. Thinkers and Textual Studies (Western)

Semester 5&6 Discipline Specific Elective 1C & 1D Course Syllabus

Class	Semester	CBCS Pattern	Title of the Course	Credits
TYBA	5	DSE1 C(3)	Thinkers	03
TYBA	6	DSE 1 D(3)	Textual Studies	03

Thinkers and Textual Studies (Western) Semester- 5 Discipline Specific Elective Course DSE 1 C(3) Syllabus Operative From 2021-22

Semester: 5
Thinkers and Textual Studies: Thinkers

Objectives:

- 5. To make students aware with the main trends of Philosophy.
- 6. To introduce original writings of post Hegelian trends.
- 7. To introduce students with Philosophical theories of western Philosophy.
- 8. Approximately duration of teaching of each credit 15 lectures.

Outcomes:

- 1. Students will get familiar with some important trends in twentieth century Philosophy.
- 2. To impart to the students the skills of reading of original text of Philosophy.
- 3. Students shall moderate themselves with skills of philosophizing.

Credit 1: Friedrich Nietzsche

- 1.1 Will to Power
- 1.2 Concept of Truth
- 1.3 Views on Morality
- 1.4 Theory of Knowledge
- 1.5 Concepts of Good and Evil

Credit 2: Ludwig Wittgenstein

- 2.1 Picture theory of Meaning
- 2.2 Use Theory of Meaning
- 2.3 Family Resemblance
- 2.4 Philosophy according to Early Wittgenstein and Later Wittgenstein
- 2.5 Critique / Refutation of Ideal Language

Credit 3: Gabriel Marshal

- 3.1 Primary Reflection and Secondary Reflection
- 3.2 Having and Being
- 3.3 Being and Others Interpersonal Relationship
- 3.4 Problems and Mystery
- 3.5 Human Fidelity

Books for Reading:

- 1. Copelston F: History of Philosophy
- 2. Thilly F. A.: A History of Philosophy (Central book Depot, Allahabad)
- 3. Stace W. t.: A Critical History of Greek Philosophy, Macmillan, London
- 4. पी.डी. चौधरी, पाश्चात्य तत्त्वज्ञानाचा इतिहास
- 5. भारतीय दर्शन का इतिहास, याकूब मसीह
- 6. Paul Edwards (Ed.) Encyclopedia of Philosophy: An Article on Fredrich Nietzsche
- 7. Ludwig Wittgenstein, TractatusLogicoPhilosophicus, (Trans) D.F. Pears and B.F. McGuiness, Routledge and Kegan Paul Ltd.) Revised Edition), 1974
- 8. Ludwig Wittgenstein, Philosophical Investigation/ Passages 1-133, English Text with Index, (Trans G.E.M. AnsCombe), An Introduction to Wittgenstein's Tractatus Huntington and Co., London 1959.
- 9. Paramarsha (Special Issue), Wittgenstein.
- 10. समकालीन पाश्चात्य दर्शन वसंत कुमार लाल
- 11. पाश्चात्य तत्त्वज्ञानाचा इतिहास ग. ना. जोशी

T. Y. B. A. Thinkers and Textual Studies (Western) Semester- 6

Discipline Specific Elective Course DSE 1 D(3)

Syllabus

Operative From 2021-22

Semester Sixth Thinkers and Textual Studies: Textual Studies

Objectives:

- 1.To make students aware with the main trends of Philosophy.
- 2.To introduce original writings of post Hegelian trends.
- 3.To introduce students with Philosophical theories of western Philosophy.
- 4. Approximately duration of teaching of each credit 15 lectures.

Outcome:

- 1. Students will get familiar with some important trends in twentieth century Philosophy.
- 2. To impart to the students the skills of reading of original text of Philosophy.
- 3. Students shall moderate themselves with skills of philosophizing.

Credit 1: Plato: The Republic

Credit 2: Russell: Problems of Philosophy

Credit 3: A. J. Ayer: Language, Truth and Logic

Books for Reference:

- 1. Stace W. T.: A Critical History of Greek Philosophy, Macmillan, London
- 2. Titus Harold H.: Living Issues in Philosophy, Eroshia publishing house Pvt. Ltd. New Delhi.
- 3. Wright W. K.: A History of Modern Philosophy. Macmillan, New York
- 4. पी.डी. चौधरी. पाश्चात्य तत्त्वज्ञानाचा इतिहास
- 5. Am merman Analytic Philosophy (Ed.) Classis of Tata McGraw Hill Publishing Company Ltd., Bombay, New Delhi (Article by A. J. Ayer.)
- 6. समकालीन पाश्चात्य दर्शन वसंत कुमार लाल
- 7. पाश्चात्य तत्त्वज्ञानाचा इतिहास ग. ना. जोशी
- 8. Blackham, Six Existentialist Thinkers
- 9. Jean Paul Sartre: Existentialism and Humanism (Trans) Philip M. Methanan and Co. Ltd., 1948
- 10. Karl Popper, Conjuncture and Refutation, London, Routledge and Kegum Paul 1963 PP, 33-39, from Theodore Schick, ed, Readings in the Philosophy of Science, Mountain View, (A Mayfield publishing company)
- 11. Language Truth and Logic, A.J.Ayer, Christ Church, Oxford, United Kingdom 1936.
- 12. The Republic, Plato, Peter Williams (Trans)., Createspace independent publishing platform, 2014.
- 13. http://www.marathivishwakosh.org
- 14. प्लेटो के रिपब्लीक का विवेचन, रिचर्ड ल्युई नैटिलशिप, गौरीशंकर लहरी (अनु), मध्यप्रदेश हिंदी ग्रंथ अकादमी भोपाळ
- 15. Problems of Philosophy, Bertrand Russell, M. P. Rege (Trans). Maharashtra RajyaSahityavaSanskrutiMandal Mumbai.

T. Y. B. A. Thinkers and Textual Studies (Indian)

Semester 5&6 Core Course Syllabus

Class	Semester	CBCS Pattern	Title of the Course	Credits
TYBA	5	DSE 2 C(3)	Thinkers and Textual Studies	03
			(Indian):Thinkers	
TYBA	6	DSE 2 D(3)	Thinkers and Textual Studies	03
			(Indian):Textual Studies	

Thinkers and Textual Studies (Indian) Semester- 5

Core Course DSE 2 C(3)
Syllabus
Operative From 2021-22

Semester 5:

Thinkers and Textual Studies (Indian): **Thinkers**

Objectives:

- 1. To acquaint Students with philosophical theories, thinkers and Philosophers of Indian discourse.
- 2. To aware the students with contemporary and Modern thinkers of Indian field of Philosophical discussion.
- 3. The Lecture weightage of each credit is 15 lectures.

Outcomes:

- 1. To familiar to the student with great heritage of Indian Saint and Thinkers.
- 2. To make a spiritual based personalities through the Indian Philosophical study.

Credit 1:

- **1.Dnyaneshwara:** (a) Shiva-Shakti Sameveshana (b) Ajnana- Khandan (c) Chidvilasavada.
- **2.Basaveshwara:** (a) Concepts of Guru, Linga and Jangam (b) Approach to Social Reforms: Views on caste system, Criticism on Ritualism, Equality of men and women.

Credit 2:

- 1. Vivekananda: (a) Concept of Religion (b) Practical Vedanta (c) Karma-yoga
- **2. MaahatmaPhule:** (a) Views on Creator (Nirmik)
- (b) Sarvajaniksatyadharma (c) Critique of social discrimination and slavery

Credit 3:

- 1. VinobaBhave: (a) Concept of Ideal Person (b) Bhoodan and Gramdana movement (c) Sarvodaya
- **2. D. P.Chattopadhya:** (a) Lokayata as a ancient Indian Materialism and Philosophical controversyin India (b) Reunderstanding of Lokayat Epistemology and Ethics.

- 1) H. Thipperudraswami L., Basaveshwara: makers of India, Literature series academy, New Delhi, 1975
- 2) G.B. Sardar, SantavangmayachiSamajikPhalshruti, SheevidyaPrakashan, Pune, 1979
- 3) P.P.Ghokale, JnandevancheAnubhavamrutateelTattvajnan
- 4) Garlinged. Philosophy, Oxford University Press, 1998
- 5) Swami Vivekanand, Practical Vedanta, Advaita Ashram, Calcutta, 1964
- 6) JotibhaPhule, G.P.Deshpande (Ed.), Life Word, New Delhi, 2000
- 7) Contemporary Indian Philosophy, Ed. By S. RadhaKrishnan and J.H. Muirhead
- 8) Chattopadhyaya D.P., Lokayata (A study of Indian Materialism), Peoples Publishing, New Delhi, 1959
- 9) Geeta Mehta, Philosophy of VinobaBhave, New Prospective in Gandhian Thoughts, Himalaya Publishing House, Bombay, 1995
- 10) VinobaBhave, BhudanYajnya (Land lift mission), Navjeevan
- 11) सार्वजनिक सत्यधर्म, भूलाटे (संपा), स्वरूपप्रकाशन, औरंगाबाद, १९९९
- 12) शेतक—यांचा आसूड, महात्मा ज्योतिबा फुले, भूलाटे (संपा), स्वरूपप्रकाशन, औरंगाबाद, १९९९
- 13) महात्मा फुले : व्यक्तित्व आणि विचार, गं. बा. सरदार, ग्रंथाली, पुणे
- 14) विनोबा भावे, सर्वोदय विचार आणि स्वराज्य शास्त्र, परंधाम विद्यापीठ, पवनार, १९५६
- 15) विनोबा भावे, स्त्री—शक्ती, अखिल भारतीय सेवा संघ प्रकाशन, कशी, १९६१
- 16) लोकायत, प्रा.स.रा. गाडगीळ, लोकवाड:मय गृह.
- 17) तत्वचिंतक चार्वाक, गोखले मनोविकास प्रकाशन.

T. Y. B. A. Thinkers and Textual Studies (Indian) Semester- 6

Core Course DSE 2 D(3)Syllabus Operative From 2021-22

Semester 6:

Thinkers and Textual Studies (Indian): Textual Studies

Objectives:

- 1. To acquaint students with the major Philosophical tenents of Buddhist tradition and Philosophical perspectives through the text Dhammapada.
- 2. The Approximate duration of teaching of each credit is 15 lectures.

Outcome:

- 1. To familiar to the student with great heritage of Indian Text like Dhammapada.
- 2. To make a spiritual based personalities through the Indian Philosophical Text studies.

Text: Dhammapada:

- Credit 1 : Centrality of Mind : Problem of suffering, problem of craving, problem of Negligence, Problem of Chitta.
- Credit 2 : The concept of path : Magga, Ideal person- Shramana, Brahamana, Bhikku, Arhat and Buddha.
- Credit 3: Philosophy, way of Religion (Dhamma), Ethical teachings, Eternal Truth,
 Social condition, Perspectives of Health and Nature (Environment)
 (Necessity discussion of above concepts with the help of relevant 26 waggas and
 423 Gathas in Dhammapada)

- 1) The Dhammapada, S. RadhaKrishnan, Oxford University Press, 1950
- 2) The Dhammapada: A New Translation of the Buddhist Classic with Annotations, Gil Fronsdal, Shabhala, 2006
- 3) The Dhammapada, Int. and Trans. By EknathEaswarna, Nilgiri Press, 2007
- 4) धम्मपद : प्रा. धर्मानंदकोसंबी, पुरूषोत्तम मंगेश लाड (अनु) पु. वि. बापट (संपा), महाराष्ट्र राज्य साहित्य व संस्कृती मंडळ, मुंबई १९७५
- 5) The Dhammapada: The Buddhist Path of Wisdom
- 6) http://dhammagyan.org
- 7) http://budhistsofindia.blogpost
- 8) http://budhistslibrary.org
- 9) http://accesstionsight.org
- 10) http://exoticindiaart.com

T.Y.B.A Philosophy Skill Enhancement Course 3A, (SEC 38) (Related to Discipline Specific Elective Course)

Semester 5&6 Core CourseSEC 2 C Syllabus

Class	Semester	CBCS Pattern	Title of the Course	Credits
TYBA	5	SEC 2 C	Course on Social Science Research	02
			Methodology: Theory and practice	
			of dissertation writing	
TYBA	6	SEC 2 D	Course on Yoga and Vipassana:	02
			Way of good life	

Philosophy Skill Enhancement Course Core Course SEC 2 C Syllabus

Semester 5:

Course on Social Science Research Methodology: Theory and practice of Dissertation writing

Objectives:

- 4. To familiarize the students with basic concepts of Research and Research Methodology.
- 5. To understand the students how to solve social problems and needs through research work.
- 6. To understand the students scientific procedure of research work.
- 7. To acquaint and give training of dissertation writing to the students.

Credit: - 1

1 Science & Scientific Method.

- 1.1 Meaning and types of sciences.
- 1.2 What is meant by Research: Definitions and types.
- 1.3 Research Methodology Its nature, types and importance.

2 Techniques or Tools of Research Method.

- 2.1 Survey: Nature and types.
- 2.2 Interview: Nature, Merits and demerits.
- 2.3 Questionnaire: Nature, Merits and Demerits.
- 2.4 Case Study
- 2.5 Field work

3. Data Collection.

Credit: -2

Procedure of Dissertation writing.

Encourage students to choose a topic based on any one of social problem and write a short synopsis or dissertation in 20 to 25 pages on that topic.

- 1) Introduction to Logic and Scientific Method, M.R. Cochin and F. Nagel.
- 2) Logic and Scientific Method: Belsare
- 3) Inductive Logic: Balakrishna Pandit.
- 4) Probability and inductive Logic Keyberg, H.E.
- 5) Text Book of Logic: wolf A, London, 1930
- 6) Logic: Deductive and Inductive, Read C. Published of London, 1998
- 7) तर्कशास्त्रआणिवैज्ञानिकपद्धती, हुल्यालळकरश्री. गो. काळे,श्री. कावळे,श्री. र.पुणे□ नाथ विद्यार्थीगृहप्रकाशनपुणे.
- 8) सुगमतर्कविचार, प्रा. माधवीकवी,प्रा. इ. र. मठवाल,विद्याप्रकाशननागपूर.
- 9) वैज्ञानिकपद्धती, ज.रा. दाभोळे, फडकेप्रकाशन,कोल्हापूर.
- 10) तर्कशास्त्रआणिवैज्ञानिकपद्धती, प्रा. श्री. ह. दीक्षित.
- 11) तर्कशास्त्रवात्सायन,प्रकाशनकेदारनाथ, रामनाथमेरठ.
- 12) तत्त्वज्ञानातीलसंशोधनाचेतंत्रवक्षेत्र, जपेवर्षा, गायधनेसुरेंद्र, साळुंकेसुनील, (संपा.)
- 13) सामाजिकसंशोधनपद्धती , सुधीरबोधनकर , विवेक□ लोनीआणिमृणालकुलकर्णी , श्री साईनाथप्रकाशन , नागपूर.

T. Y. B. A. Philosophy Skill Enhancement Course- SEC 30

Semester- 6

Core Course SEC 2 D Syllabus

Semester: 6 Course on Yoga and Vipassana: Way of good life

Objectives:

- 3. To familiarize the students with the concepts of Yoga and Vipassana.
- 4. To understand the various types of Yogic knowledge through practice.
- 3. To understand acquaint to the students with important steps of Vipassana.
- 4. To understand to the students how to manage their stress through Vipassana and Yoga.

Credit: - 1 Yoga

- 1.1 Yoga: Definition, meaning and Importance
- 1.2 Yoga according to Bhagavad Geeta: jnana Yoga, Bhakti Yoga and karma yoga.
- 1.3 Dhyana yoga according to Jaina Philosophy.
- 1.4 Health and yoga, mental Stress and yoga.
- 1.5 Practical: A relevant asana and pranayama on health and mental stress.

Credit: - 2 Vipassana

- 2.1 Vipassana: As aart of Living
- 2.2 Buddha's Concept of AshtangaMarga: Eight-fold path
- 2.3 Steps for development of Vipassana(DhyanaSadhana): 1. Sila2. Pradnya (Panna) 3. Samadhi (Anapana)
- 2.4 Anapana and Satipattana (Mindfulness)
- 2.5 Practical on Buddha's Anapana Dhyan

- 1) योगविज्ञानके मूलतत्व (ध्यानयोग : जैनदर्शन)बी. के. एसअय्यंगारस्मृतीग्रंथ, मोहनलालचढार, नीलमश्रीवास्तव, श्यामसुंदर पाल, संदीपठाकरे, एस. के. बुकएजन्सी, नई दिल्ली, 2018.
- 2 Yoga in Jainism- 1st Edition, Christopher key Chand Routledge USA, 2018
- 3 भारतीयतत्त्वज्ञान श्री. ह. दीक्षित.
- 4 भारतीयतत्वज्ञानाचा□ितहास- पी. डी. चौधरी.
- 5 5) सामाजिकताणतणावआणियोगसंस्कार- भागवतदळवी.
- 6 Indian Philosophy and History Vol II, S.P. Dubey.
- 7 Yoga and Stress Management: The art of Gracious living import Yogendra pal.
- 8 Yoga and Stress Management Bharat Thakur.
- ९ आरोग्ययोगबी. के. एस. अय्यंगार
- 10 Yoga: The path to Holistic Health: B.K.s.
- 11 The Science of Yoga: The Risks and the Ground up oonala Moyer.
- 12 The Discourse of Summarizes of S. N. Goenka, Onalaska W.A. Research Publication, USA 1987.
- 13 The Art of Living: Vipassana, S.N. Goenka.
- 14 विपश्यना(ध्यानकीदुनियामेपहलाकदम) पूजातांबा, चीमाप्रभातप्रकाशन.
- 15 विपश्यनापध्दती (जीवनशोधनकीसहजव्यावहारिकप्रक्रिया) भुवणेश्वरमिश्रा, समन्वयआश्रम, बोधगयामिश्रा.