



## **Savitribai Phule Pune University**

**Master of Social Work (MSW)**  
(Syllabus as per NEP 2020)  
Syllabus of MSW-I (Semester-I & II)  
w.e.f.AcdemicYear-2024-25

### **MSW-01: Professional Social Work: History, Ideologies and Perspectives (4CREDITS)**

<b>Name of the Programme</b>	<b>Master of Social Work</b>
<b>Semester</b>	<b>I</b>
<b>Course Code</b>	<b>MSW-01</b>
<b>Course Title</b>	<b>Understanding Social Work Profession</b>
<b>Credits</b>	<b>4</b>

**Course Description:** The course proposes to help learners acquire knowledge about the concept, goals, historical growth, and development of social work education and profession. It develops a foundation for acquiring fundamental knowledge, and professional skills working with individuals, groups, and communities focusing on social change and development. It will help obtain and enhance in-depth and comprehensive knowledge in social work that will prepare students to become well-informed, skilled, and competent professionals.

#### **Learner's Objectives:**

1. To understand the history of the evolution of the social work profession in the UK, USA, and India.
2. To understand the concepts and basics of social work
3. To facilitate the students to learn various principles, philosophies, and models of social work.
4. To understand the nature of social work practice in different settings
5. To understand the influence of various social movements in contributing to the perspectives of social work practice in India.
6. To develop insight into the ideologies that have shaped professional social worker

#### **Learning outcomes:**

1. Develop a basic understanding of social work & related concepts
2. Acquire and inculcate professional values, ethics, and use of principles and techniques
3. Develop an understanding of various perspectives, theories, and models of social work practice
4. Introduce and create interest in working with a specific target group as a professional social worker
5. Develop sensitivity, rationality, and analytical abilities to deal with social problems and serve the society

#### **UNIT 1: BASIC CONCEPTS AND INTRODUCTION TO SOCIAL WORK**

1. Social work: Meaning, concept, definition, and nature of social work practice.
2. Social work: Values, principles, objectives, functions, methods, and process
3. Levels of Social Work Practice: Micro, Macro & Mezzo Level and Interventions  
Personal attributes of a social worker

4. Theoretical terms in social work: Understanding social work given,
  - Charity and philanthropy,
  - Social service,
  - Social welfare,
  - Social reform,
  - Social policy,
  - Social movement,
  - Social development
  - Human rights
  -

## **UNIT 2: HISTORY OF SOCIAL WORK IN THE UK, USA & INDIA**

1. Evolution of social work in the United Kingdom & United States of America
2. Evolution of Social work in India - Historical evolution of social work practice
3. Contribution of Social Reformers in the 19th and 20th Century to the Development of Professional Social Work in India
4. Contribution of Gandhi, Ambedkar, Phule, Vinoba, Shahu Maharaj and significant others to social change

## **UNIT 3: SOCIAL WORK PRACTICE IN VARIOUS SETTINGS**

1. Family and Child Welfare,
2. Youth Social Work,
3. Geriatric Social Work;
4. Correctional Social Work,
5. Industrial Social Work& CSR
6. Medical and Psychiatric Social Work,
7. Community welfare: Urban, rural & tribal
8. Social Work with Persons with Disabilities,
9. Social Work with LGBT, Migrants, Refugees,
10. Disaster Management and Displacement,
11. Environmental Social Work.

## **UNIT 4: SOCIAL WORK PROFESSION AND SOCIAL WORK EDUCATION IN INDIA**

1. Professional Social Work: Attributes and present status in India
2. Issues and challenges of the social work profession in India
3. Social Work Education – Content, Training, Supervision, Problems and Challenges
4. Professional associations for social workers – Regional, national & international Objectives and functions Professional Associations

## **UNIT 5: SOCIAL WORK THEORIES, PERSPECTIVES AND INTERNATIONAL SOCIAL WORK**

1. Major Theories in Social Work Practice: Developmental theories, System Theory, Social Learning Theory, Conflict theory
2. Primary Perspectives: Strength-based, Feminist, Eco-Systems, right-based, Radical and post-modern perspectives of social work
3. Meaning, definition, scope, and objectives of international social work
4. Global issues challenge and social work response

**Teaching Pedagogy:** Classroom teaching, knowledge-focused topics through interactive discussions, Skill workshops, field visits, audio-visual aids, video films, and special lectures by field practitioners

### **Readings:**

- Encyclopedia of Vol. 1, 2, 3. Director, publication division, ministry of social work in India information and broadcasting, New Delhi
- Madan, G. (1967). Indian social problems: Social disorganization & reconstruction. Bombay: Allied Publishers
- Antony, A. Vass (1996) New directions in social work-social work competencies - core knowledge values and skills, New Delhi: sage publications
- Rameshwari, Devi and Ravi Prakash (2000) Social Work Practice, Jaipur: Mangal Deep Publications
- Gore, M.S. (1993) Social context of Ideology; Ambedkar's social and political thought, New Delhi: Sage publications
- Kinduka, S.K., (1965) Social Work in India, Sarvodaya Sahitya Samaj, Rajasthan.
- Natarajan, S, (1962) A century of social reform in India, Bombay: Asia publishing house.
- Stroup, H.H. (1960) Social Work – An Introduction to the field, Eurasia Publishing House, New Delhi
- UGC: Review of socialwork in India: Retrospect and Prospect; Report of the second review education committee, New Delhi
- Singh, R.R (1985) Field Work in social work education (Ed), Concept publications, New Delhi.
- Paul Choudhry, 2000, Introduction to Social Work, New Delhi, Atma Ram and Sons.
- Singh, R.R. (1985) Field Work in Social Work Education, A Perspective for Human Service Profession, New Delhi: Concept Publishing Company
- Wadia, A. R. (Ed.) (1961) History and Philosophy of Social Work in India, Bombay: II Allied Publisher Private Ltd.
- Sanjay Bhattacharya, 2008, Introduction to Social Work, New Delhi, Deep & Deep Publications Pvt Ltd.
- Joshi.S.C, 2004, The Handbook of Social Work, New Delhi, Akansha Publishing House
- Batra, Nitin (2004) Dynamics of Social Work in India, Jaipur: Raj Publishing House
- Bhattacharya, Integrated Approach to Social Work in India, Jaipur: Raj Publishing House
- Dasgupta, Sugata (1964) Towards a Philosophy of Social Work in India, New Delhi: Popular Book Services
- Desai, Murali (2002) Ideologies and Social Work (Historical and Contemporary Analysis), Jaipur: Rawat Publication
- Bhatt. S.& Singh, A.P. (2015). Social Work Practice: The Changing Context, The Readers Paradise, New Delhi.

### **MSW- 02 Social Work Method of Working with Individuals and Families**

Name of the Programme	Master of Social Work
Semester	I
Course Code	MSW-02
Course Title	<b>Social Work Method of Working with Individuals and Families</b>
Credits	2

#### **Course Description / Rationale:**

This course is intended to provide knowledge about one of the primary Social work methods known as Casework / Working with Individuals and Families. This paper aims at enabling the social work practitioners to engage with individuals' uniqueness, strengths, issues, barriers and difficulties and interventions with the use of principles, tools and techniques and skills for helping the individual in better social functioning.

#### **Course Objectives (Learner's Objectives)**

1. To understand the case work and its application in practice
2. To equip learners with theoretical knowledge for work with individuals and families
3. To develop competencies in learners to use the method in practice while working with individuals
4. To equip learner with values and skills necessary for working with individuals and families.

#### **Learning Outcomes:**

1. Develop theoretical perspectives on social work method of working with individuals and families
2. Develop competence to work with individuals to solve their problems, to help them to function effectively in the society and finally to empower them for self-help.
3. Have the requisite attitude, values, principles, tools, skills, techniques and competencies to work with individuals and their families

#### **Detailed Course Contents**

##### **Unit I: Evolution and Development of Casework**

Historical development, meaning and nature of casework method

Philosophical assumptions underlying casework practice

Basic casework concepts: Social roles and functioning, Need, Adjustment, Adaptation, Person-in-environment, Client as unique individual.

Case work practice in present context (in developed, developing and underdeveloped societies with case illustrations)

Communication skills

##### **Unit II: Principles and Components of Casework**

- Meaning, nature and elements of relationship in casework; Empathy, Transference and counter transference issues in relationship, principles of casework practice
- Authority in Casework practice
- Components of casework: person, problem, place and process
- Knowledge of Cultural context in casework practice

##### **Unit III: Approaches to Casework Practice**

- Diagnostic, Functional and psychosocial approaches to casework
- Eclectic Approach, Problem solving approach, strength based,
- Crisis Intervention Approach and Behaviour modification approach
- Task centred casework, Radical casework Unit

##### **Unit IV: Process and Techniques of Social Casework in different settings**

- Phases of casework intervention: assessment, diagnosis and intervention
- Techniques of casework intervention, counselling in casework and psychotherapy
- Casework in different settings: families, adoption agencies, correctional, and mental health settings, oppressed and marginalised groups.
- Casework in crisis situations like Violence, abuse and rape, conflicts, disaster and other calamities
- Developing skills of a Case Worker (Interpersonal and Intra personal skills, Interviewing skills, empathy, counselling and documentation, skills )

### **Recommended Readings:**

1. Aptekar, Herbert (1955) *The Dynamics of Casework and Counselling*, New York: Houghton Mifflin Co.
2. Babara, J. G. (1991) *Beyond Case Work*, London: Palgrave Macmillan Limited,
3. Biestek, Felix (1968) *The Casework Relationship*, London: Unwin University Book
4. Fisher, Joe (1978) *Effective Case Work Practice – An eclectic approach*, New York: McGraw Hill
5. Garrett, Annett (1972) *Interviewing – Its Principles and Methods*, Family Service Association of America, New York
6. Government of India (1987) *Encyclopedia in Social Work*, New Delhi: Publication Division (Social Welfare Ministry)
7. Hamilton, Gordon (1970) *Theory and Practice of Social Case Work*, New York and London: Columbia University Press
8. Holis, Florence and Woods, Mary E. (1981) *Casework – A Psychosocial Therapy*, New York: Fandom House
9. Kadushin, Alfred (1990) *The Social Work Interview*, New York: Columbia University Press
10. Keats, Daphne (2002) *Interviewing – A Practical Guide for Students and Professionals*, New Delhi: Viva Books Pvt. Ltd.
11. Lishman, Joyce (1994) *Communication in Social Work*, New York: Palgrave Macmillan
12. Mathew Grace (1992) *An Introduction to Social Case Work*, Bombay: Tata Institute of Social Sciences
13. Nelson Jones, Richard, (1984) *Practical Counselling and Helping Skills*, London: Harper and Row
14. Nursten, Jean (1974) *Process of Case Work*, Pitman Publishing Corporation
15. O'Hagan, Kieran, Kingsley, Jessica (2003) *Competence in Social Work Practice – A Practical Guide for Professionals*, London: Jessica Kingsley Publishers
16. Perlman, Helen Harris (1964) *Social Case Work – A Problem Solving Process*, London: University of Chicago Press
17. Rameshwari Devi, Ravi Prakash (2004) *Social Work Methods, Practices and Perspectives (Models of Casework Practice)*, Vol. II, Ch.3, Jaipur: Mangal Deep Publication
18. Richmond, Mary (1917) *Social Diagnosis*, New York: Free Press
19. Sena, Fine & Glass, Paul H. (1966) *The First Helping Interview Engaging the Client & Building Trust*, New York: Sage Publications
20. Sheafor, Bradford, Horejsi, Charles, Horejsi, Gloria, (1997) *Techniques and Guidelines for Social Work Practice*, London: Allyn and Bacon
21. Thompson, Neil (2006 2<sup>nd</sup> Ed.) *People Skills*, New York: Palgrave Macmillan
22. Timms, Noel (1966) *Social Case Work*, London: Routledge&Kegan Paul
23. Patel, Chhaya Social Work Practice: Religio Philosophical Foundations.
24. Suresh Pathare and Sanjai Bhatt, Social Work Education And Practice Engagement, 2015 Shipra Publication

### **General References:**

1. Banerjee, G. R. (1967) Concept of Being & Becoming in the Practice of Social Work, *Indian Journal of Social Work*, 27(4), Mumbai: TISS
2. Banerjee, Gauri Rani (1973) *Papers on Social Work – An Indian Perspective*, Bombay: Tata Institute of Social Sciences
3. Buboia and Miley (1999) *Social Work - An Empowering Profession*, London: Allyn and Bacon
4. Choudhary, D. Paul (2000) *Introduction of Social Work*, Delhi: Atmaram & Sons
5. Davies, Martin (2002) *Companion to Social Work*, Oxford, UK: Blackwell Ltd.
6. Dealing, Alan, Longam (1993) *The Social Welfare Work Book*, U.K.
7. Feltham, Colin, Dryden, Windy (2005) *Dictionary of Counselling*, Mumbai: I.K. International Pvt. Ltd.
8. Friedlander, W. A. (1978) *Concepts & Methods of Social Work*, New Delhi: Prentice Hall International Inc.
9. Institute of Sustainable Development. *Encyclopaedia in Social Work*, New Delhi: AnmolPrakashan
10. McMohan M.O., (1996) *Social Work Practice*, London: Allyn Bacon
11. Reading, Hugo (1996) *Dictionary of Social Sciences*, New Delhi: Atlantic Publishers and Distributors
12. Skidmore, Rex, Thackeray, Milton, O. William, Farley (1983) *Introduction to Social Work*, New Jersey: Prentice Hall
13. Upadhyay, R. K. (2003) *Social Case Work*, Jaipur & New Delhi: Rawat Publications
14. Walter Friedlander (1977) *Concepts and Methods of Social Work*, New Delhi: Allyn Bacon

### **MSW-03: Social Work Method of Working with Groups**

<b>Name of the Programme</b>	<b>Master of Social Work</b>
<b>Semester</b>	<b>II</b>
<b>Course Code</b>	<b>MSW-03</b>
<b>Course Title</b>	<b>Social Work Method of Working with Groups</b>
<b>Credits</b>	<b>2</b>

#### **Course Description/Rationale:**

Social work with groups is a method of practice in which group experience is used to influence individual well-being and as a mutual support system to facilitate mutual aid among diverse stakeholders. The paper aims to equip the students with the values, principles, knowledge and techniques to work with individuals in a group setting to develop positive interpersonal relationships, impart skills that will help students to enable individuals to enhance societal functioning and find effective forms of expression to influence large social systems.

#### **Course Objectives:**

1. To develop an understanding of group work as a method of social work
2. To provide an insight into various dimensions of group processes and group work practice
3. To develop skills and competencies for working with groups in diverse settings.
4. To develop the knowledge of skills, techniques and competencies for working with groups in diverse settings.

#### **Learning Outcomes:**

1. Understand group as a dynamic social unit and a resource for intervention
2. Develop skills for application of the group work method in various practice settings
3. An understanding of various theoretical frameworks and their applications for group work practice

#### **Course Content**

##### **Unit-1: Introduction to Social Groups**

1. Social Groups: Concept, Definitions and characteristics
2. Significance of Groups
3. Types and classification of social groups
4. Definition, concept and Characteristics of Social Group Work

##### **Unit-2: Social Group Work Method**

1. History and development of group work method – international and Indian context
2. Values and Principles of Social Group Work
3. Theoretical Assumptions and Approaches to group work
4. Stages of group Development: Steps in group formation, pre-group stage, orientation stage, Contracting, problem solving, termination, Role of social worker in different stages of group development.

##### **Unit-3: Group Processes and Group Development**

1. Understanding group process, Analysis of group interaction,
2. Patterns in group processes and group dynamics: Subgroups, scapegoats, Conflict, Leadership in group work
3. Use of Programme in Social Group Work: Importance of programme in group work practice, Programme planning and implementation.



#### Unit-4: **Application of Social Group Work**

1. Models of group work practice
2. Tools, Techniques & Skills of social group work: conflict resolution, relationship, communication, use of environment. -
3. Recording in group work
4. Group work in different settings

#### **References:**

1. Bhatt R.M. (1960) Records of Group Work Practice in India, Baroda University: Baroda
2. Davies Barhard (1975) The Use of Groups in Social Work Practice, USA: Routledge & Kegan Paul Ltd.
3. Delhi School of Social Work (1958) Field Work Records in Group Work and Community organization, London: Tavistock Publication
3. Doel, Mark & Sawda, Catherine (2003) The Essentials of Group Worker, London: Jessica Kingsley Pub.
4. Douglas, Tom (1976): Group Process in Social Work - a Theoretical Synthesis, New York: John Wiley & Sons
5. Douglas Tom (1978) Basic Group Work, London: Tavistock Publication
6. Klein Josphine (1967) The Study of Groups, London: Routledge and Kegan Paul Ltd.
7. Konopka Gisela (1954) Group Work in Institution, New York: Associate Press
8. Konopka Gisela (1983 3rd Ed.), Social Group Work a Helping Process, New Jersey: Prentice Hall
10. Northen, Helen (1969) Social Work with Groups, New York: Columbia University Press
9. Northen, Helene, Roberts (1976) Theory of Social Work with Groups, New York: Columbia University Press
10. Phillips, Helen (1962) Essentials of Social Group Work Skills, New York: Associate Press
11. Reid E. Kenneth (1996) Social Work Practice with Groups - A Clinical Perspective, USA: Brook/Cole Publishing Company
12. Ryland and Wilson (1949) Social Group Work Practice, USA: Houghton Mifflin Co.
13. Trecker, Herleigh (1955) Group Work-Foundations & Frontiers, New York: Whiteside & William Marrow & Co.
14. Trecker, Herleigh (1970) Social Group Work-Principles and Practices, New York: Associate Press
15. General Readings:
16. Battacharya, Sanjay Social Work an Integrated Approach, New Delhi : Deep & Deep Publications Pvt. Ltd.
17. Berne, Eric (1966) Principles of Group Treatment, New York : Gneve Press
18. Bradford (Ed.) (1964) T Group Theory & Laboratory Method, New York : John Wiley & Sons
19. Cartwright, Dorwin & Zandev, Alvin (1968) Group Dynamics, Research and Theory, London : Tavistock Publications
20. Choudhary, Paul (1983) Introduction to Social Work, Delhi : Atma Ram & Sons
21. Corey, Geral (1977) Groups Process and Practice, USA: Brook/Cole Publishing Company
22. Douglas, Tom (1977) Group Work Practice, London : Tavistock Publication
23. Garland, J.A. Group Work Reaching out, People places and Power
24. Gravin, Charles D (1981) Contemporary Group Work, New Jersey : Prentice-Hard-ING
25. Gravin, Charles D., Lorriaie M. Gulier (Ed.) (2007) A Hand Book of Social Work with Groups, Rawat Publication
26. Heap, Ken 1(985) The Practices of Social Work with Groups- Systematic Approach, UK : George Allen & Unwin

27. Jha, JainendraKumar :Encyclopaedia of Social Work, New Delhi : Anmol Publications Pvt. Ltd.
28. Shaw, Marllin E. (2nd Ed.) Group Dynamics, New Delhi : Tata – McGraw Hill Publishing
29. Wilson, Gertrude & Ryland, Gladys (1949) Social Group Work Practice, Haughton Mifflin Company
30. ignou the people university indira Gandhi national open university school of social work, MSW-008 social group work-working with groups
31. S.Rengasamy - Social Group Work
32. Alissi, A.S. 1980 Perspectives on Social Group Work Practice: A Book of Readings. New York: The Free Press.
33. Balgopal, P.R. and Vassil, Groups in Social Work - An Ecological Perspective. New T.V. 1983 York: Macmillan Publishing Co. Inc.
34. Brandler S. and Roman, CP 1999 Group Work, Skills and Strategies for Effective Interventions, New York. The Haworth Press.
35. Brandler, S. and Roman, Group work: Skills and Strategies for Effective Intervention, C.P. 1991 New York: The Haworth Press.
36. Garland, J. A. (Ed.) 1992 Group Work Reaching Out: People, Places and Power, New York: The Haworth Press.
37. Garwin, C. 1987 Contemporary Group Work, New York: Prentice-Hall Inc. Kemp, C.G. 1970 Perspectives on the Group Process. Boston: Houghton
38. Mifflin C. Klein, A.F. 1970. Social Work Through Group Process: School of Social Welfare- Albany: State University of New York,
39. Konopka, G. 1963 Social Group Work: A Helping Process; Prentice Hall, Inc.
40. Kurland, R. and Salmon, R. 1998 Teaching a Methods Course in Social Work with Groups, Alexandria: Council on Social Work Education.
41. Middleman, R.R. The Non-Verbal Method in Working with Groups.
42. Northen, H. 1969 Social Work with Groups. New York: Columbia University Press.
43. Pepell, C.P. and Rothman, B Social Work with Groups, New York: The Haworth Press
44. Sundel, M., Glasser P., Sarri, Individual Change Through Small Groups. New York: The R., Vinter, R. 1985 Free Press.
45. Toselane, R.W. 1984 An Introduction to Group Work Practice; New York: Macmillan Publication Co.
46. Trecker, Harleigh B. 1990 Social Group Work: Principles and Practice. New York: Association Press.
47. Wilson, G. Ryland, G. Social Group Work Practice.
48. Handbook of social work with a group edited by Charles D. Garvin, Lorraine M. Gutierrez Maeda J. Galinsky, The Guilford Press, New York London
49. बावीकर रुमा,वैद्य विद्या (2016) सामाजिक गटकार्य,पुणे:डायमंड पब्लिकेशन
50. डॉ. साळीवकर संजय(2015) समाजकार्य -पद्धती,क्षेत्र,विचारधारा व समाजसुधार,नागपूर :मंगेश प्रकाशन
51. डॉ टांकसाळे प्राजक्ता, गटकार्य भाग १(पूर्वार्ध),2012,नागपूर,मंगेश प्रकाशन.
52. टांकसाळे प्राजक्ता, गटकार्य भाग २(उत्तरार्ध),2004, नागपूर, मंगेश प्रकाशन
53. Pallassana R. Balgopal, Suresh Pathare and Meena M. Balgopal Theory and Practice of Social Group Work in Indian Society (Springer Series in International Social Work 2024<sup>th</sup> Edition)

**MSW-04: Induction and Skill lab for Social Work Practice**



**RM 01: Social Work Research**

Name of The Programme	MSW
Semester	I
Course Code	RMO1
Course Title	Social Work Research
Teaching Hours	30
Credits	2

**Introduction**

Social work is a practice profession. As a consequence, the major objective of social work research is to search for answers to questions raised regarding interventions or treatment effectiveness in social work practice. It also helps in searching for answers to problems or difficulties faced by social work practitioners in the practice of their profession. Ultimately it helps to build a knowledge base for social work theory and practice.

**Course Description / Rationale**

Social work is a practice profession. Consequently, the major objective of social work research is to search answers to questions raised regarding interventions / treatment effectiveness in social work practice. It also helps in searching for answers to problems or difficulties faced by social work practitioners in the practice of their profession. Ultimately, it helps to build a knowledge base for social work theory and practice. This paper helps in developing basic research competency for selecting research problems, identifying objectives, selecting tools of data collection, collecting data from the field and analysing and interpreting the data to draw conclusions.

**Course Objectives**

By the end of the academic session/semesters the student will be able to:

1. To understand the meaning of scientific method and social science research;
2. To understand social work research as an integral part of social work practice
3. To explain how research is utilised in the practice of methods of social work.
4. To identify and understand the methods and research designs used to evaluate social work practice,

## Learning Outcomes

On completion of this course, students will be able to

- Develop theoretical perspectives on social work research,
- Develop competence to undertake social work research,
- To evaluate the effectiveness of social work intervention.

## Course Contents

### Unit 1: Social Science Research

Meaning of Research, Social Science Research and Social Work Research. Approaches of Research: Quantitative, Qualitative and Mixed.

Basic Elements of Social Science Research; Concepts, Constructs, Theory and Facts, Variables. Formulation and Testing of Hypothesis.

Probability and Non-probability Sampling; Convenience, Purposive/judgemental, quota and snowball. Probability; Simple Random, Stratified and Cluster, Determination of Sample Size. Sampling Errors.

### Unit 2: Social Work Research

Social Work Research as a Method of Social Work: Application of Research Methods in working with Individuals and Families, Groups and Communities. Social Work Research Process: Problem Formulation, Need Assessment, Pre-Intervention Measurement, Intervention, Post-Intervention Measurement, and Drawing of Conclusions.

### Unit 3: Research Designs

Social Science Research Designs: Survey Research Designs: Exploratory, Descriptive and Explanatory. Experimental Research Designs: Pre, Quasi and True.

Social Work Intervention Research Designs; Single-Subject Designs; A-B: Basic Single Subject Design, A-B-A : Reversal Design, A-B-A-B : Withdrawal-Reversal Design, A-B-C-D Multiple Component Design, Evaluation Research Designs. Group Designs: Pre-Experimental Designs : One-Shot Case Study One Group Pre-test –Post-test Design, Post-test Comparison Group Design, Quasi-Experimental designs; Pre-test Post-test Non-equivalent Control Group Design.

## Books for Reading

1. Social Science Research
2. Babbie, E. (2014). *The Basics of Social Research, 6th ed.* New Delhi: Wadsworth,.
3. Baker, L. Therese. (1988). *Doing Social Research*, New York: McGraw Hill.
4. Black, James A. and Champion, Dean J. (1976). *Methods and Issues in Social Research*, New York: John Wiley
5. Creswell, J. W. (2014). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*. New Delhi: Sage.
6. Festinger. L. and Katz. D. (eds.). (1953). *Research Methods in the Behavioral Sciences*, New York: The Dryden Press.
7. Nachmias D and Nachmias C. 1981. *Research Methods in the Social Sciences*, New York :St. Martin's press.
8. Social Work Research
9. Dasgupta, Sugata. (1977) "*Social Work Research*" in *Encyclopaedia of Social Work*, New Delhi.
10. Rubin, A., & Babbie, E. R. (2011). *Research Methods for Social Work*. Belmont: Brooks Cole. San Francisco: Jossey-Bass.
11. Krysik, J. L., & Finn, J. (2010). *Research for Effective Social Work Practice, 2nd ed.* New York: Routledge.
12. Lal Das, D.K. (2008), *Research Methods for Social Work*, Jaipur: Rawat Publications.

13. Monette, Duane R. et. al. (1986). *Applied Social Research: Tool For the Human Services*, Chicago: Holt.
14. Polansky, N.A. (Ed.). (1975) *Social Work Research*, Chicago: The University of Chicago Press.
15. Social Statistics Krishef, Curtis H.( 1987).*Fundamentals of Statistics for Human Services and Social Work*, Boston: Duxbury Press.
16. Lal Das, D.K. (2008), *Research Methods for Social Work*, Jaipur: Rawat Publications.

### **OE-01: Sociology for Social Work**

<b>Name of the Programme</b>	Master of Social Work
<b>Semester</b>	I
<b>Course Code</b>	OE-01
<b>Course Title</b>	Sociology for Social Work
<b>Credits</b>	2

#### **Course Description/Rationale:**

Social work as a human profession addresses the concerns related to individuals groups and communities; and the human right issues that arises due to unequal social structure and changing patterns of socio-economic and political context. In order to intervene strategically without harming individuals dignity, social work professions requires scientific knowledge of society along with appropriate perspective to understand particular social issue. This course is provides essential knowledge and perspective to respond to this social issues.

This course includes the basic concept and theories of society, key sociological perspectives and emerging social problems from a social work practice perspective. It is design to develop the basic sociological foundations of the students of social work profession. This course will enables social work students to study and understand sociological concepts critically.

#### **Course Objectives:**

Understanding the sociological concepts and it's relevance to individual and society.

Get a scientific insight about the social structure, stratification and issues related to caste, class and gender

Understand the social institutions, its importance and its changing pattern in society

Develop the understanding of issues, challenges related to society and its impact on society

#### **Learning Outcomes:**

##### **By the end of this course;**

Students will be able to develop critical understanding about the basic sociological concepts about the society

Students will be able to develop appropriate perspective about structural realities such as Caste, Class, Gender, etc.

#### **Detailed Course Contents**

##### **UNIT-I Orientation to Sociological concepts**

1. Society and Social Structure
2. Social Institutions and Social Groups- (changing nature of Social Institutions)
3. Culture and Society (Culture, Values, Status and Role)
4. Socialization: concept, theories and contemporary issues
5. Sociological perspective- functionalist (Emile Durkhiem, Talcott Persons, Robert Merton, etc.), Conflict and Structural- (Marxist, Ambedkar, Phule), Feminist (TarabaiShinde, Emmeline Pankhurst, Bell Hooks, etc.),



## **UNIT-II Social Systems (changing relationship and patterns of dynamics)**

1. Post modernism and Post structuralism, LPG
2. Religion, Caste, Class, Gender in society- issues and concerns
3. Fundamental Social Processes -Social Mobility, Social Change,
4. Social Control - Concept, Factors, theories and dynamics
5. Social disorganization and social deviance- Concept, Sociological theories and impact

## **UNIT-III Contemporary social issues and concerns**

1. Issues related to Gender
2. Issues related to vulnerable groups such as senior citizens, children, differently-abled, etc.
3. Issues related to SC/ST/OBC/NT/VJNT/EWS
4. Issues related to environment & climate change
5. Issues related to poverty & Livelihood

### **Core Readings**

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- Inkeles A (2011), What is Sociology-An Introduction to the Discipline and Profession, Foundations of Modern Sociology Series, PHI Learning Pvt. Ltd, New Delhi
- Sachdeva D & Vidya Bhushan, An Introduction to Sociology, Kitab Mahal, Allahabad, 2000.

### **Supplementary Readings**

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#### **Additional Readings:**

1. AmartyaSen( 2005) :The Argumentative Indian : Writings on Indian History, Culture and Identity, New Delhi, Penguin Books, , xx, 409 p., \$36. ISBN 0-713-99687-0. Details No. 41662.
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**OE-02: Psychology for Social Worker**

<b>Name of the Programme</b>	<b>Master of Social Work</b>
<b>Semester</b>	<b>I</b>
<b>Course Code</b>	<b>OE 02</b>
<b>Course Title</b>	<b>Psychology for Social Worker</b>
<b>Credits</b>	<b>02</b>

**Course Description/Rationale:**

This course aims at developing an understanding of the growing discipline of psychology and its relevance to social work practice. An important goal of the course is to enable students in applying psychological concepts to meeting the challenges and needs of the world effectively.

**Course Objectives:**

1. To understand the nature and development of human behavior in a socio-cultural context.
2. To develop a critical perspective of the theories of human behavior and personality.
3. To develop knowledge base and understanding of individuals, social groups and collectives that enables social work practice towards the development of the individual/groups and community at large

**Learning Outcomes:**

**By the end of the course, students will be able to**

1. Develop knowledge base and understanding of the contribution of social environment in shaping the individual's –growth, development and personality
2. Understand how social groups develop and maintain identity
3. Develop sensitivity towards one's own biases, stereotypes, motivations in carrying out social work practice
4. Learn to apply knowledge for social work intervention and administration of psychological tests
5. Develop an appreciation of the critical/radical perspectives in the above and locate such knowledge within a social justice and human rights framework
6. Learn to apply concepts and theories of psychology in social work practice.

**Detailed Course Contents****Unit- 1: Nature and Scope of Psychology**

1. Relevance of psychology for social workers
2. Schools of Psychology
3. Branches of Psychology
4. Perspectives in Psychology- Psychodynamic and Gestalt
5. Social Psychology- social influence on behaviour, group dynamics and cultural aspect

**Unit-2: Individual in a socio-cultural environment and Human Behaviour**

1. Concept of human behaviour
2. Factors affecting human behaviour – Heredity, Environment
3. Basic psychological processes (concept and applications) - motivation, emotion, cognition, intelligence and learning
4. Perception, Attitudes Formation, Change and Measurement
5. Prejudice, Biases, Stereotyping, communication, social media and propaganda

### Unit 3: Human Growth and Personality Development

1. Human Growth and Development: Life span perspective
2. Dimensions of Growth and Development
3. Theories of Human Development: Maslow, Freud's Psycho- Analytical Theory and Erickson's Psycho-Social Theory
4. Processes of Adaptation and Adjustment-Concept of conflict, frustration, Stress Management, and Defense mechanisms
5. Nature and types of human problems and intervention

#### Pedagogy;

Classroom teaching and lecture, role plays, case study sharing, motivational clips, discussion, debates, group activities, scenarios presentation, poster presentation.

#### Readings

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2. Gardner, Murphy (1964). 'An Introduction to Psychology', Calcutta: Oxford and IBH Publishing Co.
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21. Myers, D. G. (2013). Social psychology 11th ed.. New York: McGraw-Hill.

### Marathi Readings

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2. पंडित, र. वि. (२०१०). 'मानसशास्त्राचीमूलतत्वे', नागपूर: विद्याप्रकाशन.
3. पोतदार, र.(२००६). 'प्रायोगिकमानसशास्त्र', नागपूर: गुणवंतमोहाडीकरअंशुलपब्लिकेशन
4. इनामदार, मु. कृ., गाडेकर, के. ना., पाटीलअ. म. (२००६). 'आधुनिकसामान्यमानसशास्त्र', पुणे: डायमंडपब्लिकेशन.
5. देशपांडे, स., परुळेकरअ.(२००६),पुणे: सामान्यमानसशास्त्र.
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### Journals to refer

- Psychology in Developing Societies Sage
- Journal of Cross cultural Psychology
- Culture and Psychology Sage
- Indian Journal of Social Psychiatry
- Indian Journal of Community Psychology

### Online resources / web links to refer

- <http://www.apa.org>
- <http://propaganda.mediaeducationlab.com/learn/>
- <http://www.anthropology-news.org/index.php/2018/04/09/a-theory-of-propaganda-for-the-social-media-age/>
- <http://www.understandingprejudice.org/>

**OE 03: Political Science and Economics for Social Work**

Name of the Programme	Master of Social Work
Semester	I
Course Code	ME 03
Course Title	Political Science and Economics for Social Work
Credits	02

**Course Description and Rationale:** the course is designed to develop better understanding among the social work students regarding basics concepts of economics and political science. The course will lead the critical analytical thinking among students on different situation at grassroot level. The conceptual understanding of this course will enable students to critically analyse the economic situation of the family in particular and community in general. This course will also help understand the decision-making process and power dynamic which exist at different levels and effecting on economic and political system.

**Learner's objective:**

1. To understand the economy and political system in India
2. To understand basic concepts in economics and economic development
3. To understand the power structure, power dynamics, democracy and constitutional provisions

**Outcome:**

1. Students will develop comprehensive understanding of application of concepts of economics and political science in social work profession.
2. Students will able to develop sensitivity towards contemporary economics and political issues for effective social work intervention.
3. Students will develop some insights to understand the economic and political situation of communities and families

**Unit I: Political system and power**

1. Concept and Sources of power at local, National and International level & its relevance to social work.
2. Political systems and ideologies :Democracy, totalitarianism, dictatorship, theocracy and monarchy
3. Concept of state: Understanding of legislature, executive, judiciary and media
4. Indian Constitution: Directive principles, fundamental rights and duties
5. Understanding democracy in the context of gender, caste, class and secularism

**Unit II: Economic systems**

1. Understanding basic Economic concepts: Demand, supply, resources, production, distribution, consumption, capital,
2. Public finance and budgeting - funding for social programs, budget cycle and decision making, fiscal policy and its social implications
3. Contemporary economic systems: Capitalists, Free market economy, socialist economy welfare economy, Mixed economy
4. Areas of Economic development in India and challenges: Agriculture, Industry and service sector

**Unit III: Economic Development in India**

1. Concept and meaning of economic development
2. Determents of economic development (National income, GDP, PCI, improvement in living standard)
3. Concept of planned development and central planning, (NITI Ayog), Overview of five-year plan and economic development
4. Changing nature of Indian economy after LPG, SAP, and SEZ

#### References:

1. Agrawal A.N. LalKundan Economics and Development and Planning New Delhi: 1989 Vikas Publishing House private limited.
2. Augushine, John S. (ed.) Strategies for Third World Development. New Delhi: 1989 Sage Publications.
3. S. ChakrabortyBimal 1996 The United Nations and the Third World , New Delhi: Tata McGraw Hill Publishing Company Limited.
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5. Elsenhans, Hartmut 1991 Development and Under development; The History Economics and Politics of North South Relations. New Delhi: Sage publication.
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7. Nana Poku Lloyd Rebuilds up the Third world: London: Macmillan Press Pettiford (ed.) 1998 Limited.
8. Rao D. Bhaskar 1998 World Summit for Social Development. New Delhi: Discovery Publications
9. Rao, V. Lakshmana 1994 Essays on Indian Economy, New Delhi: Ashish Publishing House 8/81 Punjabi Bagh.
10. Reddy, D.V. 1994 Development and New International Economic Order. New Delhi: Deep and Deep publications.
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20. Siva Subrahmanyam K.& R.C. Chowdhury, 2002, Functional and Financial Devolution on Panchayats in India, NIRD, Hyderabad.
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29. <https://mahasec.maharashtra.gov.in/1270/Registration-of-Political-Part>
30. झमारे जी(2016).डॉ .एन .,भारतीय अर्थव्यवस्था, पिंपळापुरे अँड कंपनी पब्लिशर्स,नागपूर
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40. बिराजदार शैला टी ., बिराजदार विश्वजित टी भारतीय अर्थव्यवस्था (2014), अथर्व पब्लिकेशन

### **Journals**

1. Monthly commentary Indian Institute of public opinion, New Delhi.
2. Economic and Political weekly. EPW Research Foundations, Mumbai.
3. Journal of Indian School of Political Economy: Indian school of political economic Pune.



### OE-04 Universal Human Rights and Indian Constitution

<b>Name of the Programme</b>	Master of Social Work
<b>Semester</b>	I
<b>Course Code</b>	MC-04
<b>Course Title</b>	Universal Human Rights and Indian Constitution
<b>Credits</b>	2

#### **Learner Objectives:**

1. Develop a conceptual understanding about Human Rights, and its historical evolution and current context.
2. Developing understanding about the international and national mechanisms and instruments to protect human rights.
3. Develop comprehensive understanding about the Indian Constitution and its relevance in protection of human rights
4. Develop perspectives for intervention using constitutional framework

#### **Learning Outcome:**

1. Students will understand the fundamentals of human rights and various types of human rights violation.
2. Students will develop comprehensive understanding the relevance of the Indian constitution in protection of human rights
3. Students will explore the role of professional social workers in protection of human rights

#### **Unit -1: Introduction to Human Rights (Global and National Context)**

1. Human Rights: Concept, Meaning, Nature and scope.
2. Historical Evolution of Human rights
3. UN Declaration of Human Rights and International Court of Justice
4. Mechanisms for protection of human rights- CEDAW, Convention against Racial Discrimination, The UNHRC and Process of Universal Periodic Review (UPR) and Special Rapporteur System
5. Types and causes of Human Rights Violation

#### **Unit -2. Indian Constitution and Human rights protection -**

1. Understanding Indian Constitution and its silent features
2. The Protection of Human Rights Act, 1993
3. Structure and Functions of Human Rights Commission – National and State level
4. Other Commissions and mechanisms in India -Women, Children, SCs, STs, PWDs, etc.
5. India's status and reports on Human Rights

#### **Unit- 3: Social Work Response in Human Rights protection**

1. Social work response to Human rights: Context and Need
2. Developing perspectives and skills for human rights intervention
3. Contribution of non-governmental organisations in protection of human rights
4. Social work professionals Response to the Indian Constitution
5. Networking with government, Non-government organisation and civil society for protection of human rights

#### **References:**

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2. Galanter, Marc (1997) Law and Society in modern India Delhi: Oxford University Press.

3. Singh K.J. (1995) *Distributive Justice in India* New Delhi: Reliance Publishing House.
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5. Ravindran, D.J. (1998) *Human Rights Praxis: A resource book for study, action and reflection*. Bangkok: Asian Forum for Human Rights and Development
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8. Mahajan, Gurpreet (1998b) *Identities and Rights: Aspects of liberal democracy in India* Delhi: Oxford University Press.
9. Anderson, M.R. and S. Guha (eds) (1998) *Changing Concepts of Rights and Justice in South Asia* Delhi: Oxford University Press.
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11. Rao, Anuradha (1999) *Public Interest Litigation: A tool for social action and public accountability* Bangalore: Public Affairs Centre.
12. Just World Trust (1996) *Human Wrongs: Reflections on Western global dominance and its impact upon human rights*. Pune: JUST.
13. Sheth, D.L. and G. Mahajan (1999) *Minority Identities and the Nation State* Delhi: OUP
14. Bhatt, Anil (1989) *Development and Social Justice* New Delhi: Sage Publications.
15. Sniderman, P.M. et al (1996) *The Clash of Rights: Liberty, equality and legitimacy in pluralist democracy* New Haven: Yale University Press.
16. Samuel, John (ed), (2000) *Social Action: An Indian panorama* New Delhi: VANI.
17. Pandit, Vivek (2000) *Fearless Minds* Pune: NCAS.
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