

**Advanced Online Courses of on**  
**“Abilities, Skills and Healthy Attitudes: Professional and Moral Development” (ASHA)**  
**For P.G. Students, Faculties of Humanities, Science and Technology, Commerce and**  
**Management (Under ABC)**  
(as per New Education Policy 2020)  
**2 Credits Each**

**1. Course Code: ASHA 648 MJ**

**Semester: III**

**2. Course Code: ASHA 698 MJ**

**Semester: IV**

**(2 Credits Each: Theory 1 Credit and Practical 1 Credit)**

**Assessment and Evaluation:**

Assessment and Evaluation are done through Continuous Comprehensive Evaluation (CCE) and an online end-examination. Evaluation will be totally internal.

**Medium of Instruction:**

Marathi and English.

**Fees:**

Rs. 500/- per student.

**Contact Information:**

Dr. Lesan Azadi, Chairman, Ad-hoc BOS (Universal Human Values)

[director@bahaiacademy.org](mailto:director@bahaiacademy.org)

**Helpline: 8080618894**

## SYLLABI:

### Rationale:

According to NEP 2020 ... “Given the 21st-century requirements, quality higher education must aim to develop **good, thoughtful, well-rounded, and creative individuals**. It must enable an individual to **develop character, ethical and Constitutional values, intellectual curiosity, scientific temper, creativity, spirit of service, and 21st century capabilities**”.

It is expected that postgraduate studies should help students grow as capable individuals and prepare us for real life, both professional and social life. Therefore, as guided by NEP 2020, we need to equip ourselves, the P.G students, with 21<sup>st</sup> Century skills and healthy attitudes that will assist us throughout life. Most of the P.G. students are in the final phase of their formal education—many will take up professions after completing their Master's Degrees or begin their own enterprises. Many of these students have had little opportunity to know themselves and look at themselves positively and develop their value system, unique capacities, moral qualities and healthy attitudes in order to have holistic visions for their lives and meaningful careers. The course being presented here will provide them with this opportunity.

### Course Design

This course includes theoretical study as well as practical and fieldwork. The course is offered in online mode. Sessions will be participatory in nature. The online components include videos/ audio tracks, discussions, educational games, practical and personal portfolios to submit assignments and reports.

### ASHA Syllabus for Semester 3

**Course Code: ASHA 648 MJ**

**2-Credits (Theory: 1 Credit, Practical: 1 Credit)**

#### **THE COURSE WILL INCLUDE THE FOLLOWING TOPICS:**

- Knowing Myself
- We And the World We Live in: Knowing the World Around Me
- Becoming a Change Maker
- Building My Capabilities
- My Family And Me
- Family Environment

- Two-fold Moral Purpose
- My Ideal Community
- My Moral Influence
- My Moral Compass
- QPS: Question, Probe and Search
- The Two Traps I May Fall In
- Ethical Challenges at Workplace
- I Appreciate Unity: Can I be a Unity Builder
- What If Your Aim and Mine Do Not Match?
- Again, Two Traps Before Me
- Am I Creative and Disciplined Enough?
- I Need Greater Discipline and Focus
- Cultivating Initiative in Colleagues and Co-Workers
- Practicals:
  - Practical 1: Promoting gender equality
  - Practical 2: Promoting rectitude of conduct

#### **ADDITIONAL SKILLS AND ABILITIES:**

- Skill of Self-Discipline
- Active Listening
- Active Learning
- Skill of Group Discussion (In Small and Large Groups)
- Critical Thinking
- Skill of Visualization and Imagination
- Skill of Creative Thinking
- Skill of Framing Issues for Conflict Resolution
- Analytical Thinking Ability
- Preparing Personal Vision and Mission Statements
- Skill of Team Work

## ASHA Syllabus of Semester 4

**Course Code: ASHA 698 MJ**

### **2-Credits (1 Credit: Theory, 1 Credit: Practical)**

Service-Learning Activities (Community engagement projects) is a tool that connects the goals of course and the skills that students have developed during the course with the needs of the community through meaningful community service. So, it is an experiential learning process wherein the students will apply what they have learnt to improve the conditions of the community. In this process, students will make real decisions that have real results and gain a deeper self-confidence and understanding about their extended family, their community and society. Their sense of civic responsibility increases, and their leadership qualities develop. During service-learning activities, students involve the civil society and the stakeholders in their project, thus improving their own skills of leadership, participation, team building, problem-solving and taking initiative with creativity and discipline.

#### **ASHA 698 MJ Includes the Following Topics:**

- Introduction to Service-Learning Activity
- The Joy of Service
- Participation
- Selecting A Community
- Managing a Service-Learning Process
  - Consultation or Preparation
  - Implementation or Action
  - Evaluation or Reflection
  - Presentation or Demonstration
- Fieldwork
- Report Writing

#### **ADDITIONAL SKILLS AND ABILITIES:**

- Skill of Identification of Principles
- Skill of Interaction with the Community
- Skill of Developing Moral Qualities
- Skill of Developing Healthy Attitudes
- Skill of Writing
- Skill of Innovation
- Skill of Appearing Interview
- Skill of Emotional Intelligence
- Skill of Time Management
- Skill of Self-Confidence
- Skill of Entrepreneurship
- Skill of Goal-Setting